



# Newscaster

February 2018

## Pennies For Patients



## Big Gifted Give



# CV Cares



## Jump Rope For Heart



## Fall Food Drive



**Pennies for Patients** - Chenango Bridge Elementary's Student Council conducted a school-wide "Pennies for Patients" campaign in January. In less than a month, the elementary school collected a total of \$2,113.81 in change, which will be donated to the Leukemia and Lymphoma Society.

**Big Gifted Give** - The annual "Big Gifted Give" fundraising event (supported by Interact Club, Junior/Senior Honor Society and SADD) was held in the Chenango Valley High School Gymnasium on February 3. The event was full of community spirit and wonderful performances. The cost of admission was a donation of money or food. There were also raffles and concessions. More than \$7,000 was raised. All proceeds will go back to the community including the CV Warrior Fund, Catherine's Cupboard, and two CV families affected by cancer.

**Jump Rope for Heart** - Port Dickinson Elementary's "Jump Rope for Heart" campaign kicked off in January, and Chenango Bridge Elementary's began in early February. The American Heart Association fundraising campaign also helps to teach students to make heart-healthy choices such as exercising daily and drinking more water. Port Dickinson Elementary students started their physical education unit focused on heart health in early February.

**Fall Food Drive** - Thank you to all who contributed to Chenango Valley's annual Fall Food Drive! Food donations were collected from the end of October through the middle of November. The event was able to help 35 families and fill CV's Food Pantry for anyone else in need of assistance.

## CVCS D Capital Project Update

On December 5, 2017 voters approved a capital improvements project that will address top priority maintenance repairs and improvements at the district. A major emphasis of the project is upgrading the appearance of Port Dickinson and Chenango Bridge elementary schools, similar to the project that was completed 15 years ago at the middle school/high school. The project is scheduled to be completed in two phases. The first phase of the project has been designed, and sent to the State Education Department (SED) for approval. If a timely review is provided by SED, then the project will immediately go out for bidding, and be constructed this summer.

Phase 1 consists of the following scope items:

- Window replacement at Chenango Bridge and Port Dickinson
- Bus loop and sidewalk replacement at Port Dickinson
- Parking lot replacement at Chenango Bridge
- Rear drive replacement at the middle school/high school
- Softball/multi-purpose field parking lot pavement
- Stadium lighting
- Masonry restoration at all buildings



(Conceptual Design of the MS/HS Sustainable Classroom)

The balance of the project will be completed in Phase 2, including significant renovations to existing spaces. Our architect, BCK-IBI Group, has begun programming meetings with district staff to discuss how the spaces will be designed. After the initial programming meetings, BCK-IBI Group will prepare designs of each space for district staff to review and comment on. Because the Phase 2 project has a much greater and complicated scope of work, it is anticipated to be submitted to SED in August 2018 with the goal of starting construction in 2019. Construction sequencing of Phase 2 is currently being investigated due to the magnitude of the work.

### Upcoming Budget Workshops

Each workshop begins at 6:00 p.m. in the Chenango Valley Middle School/High School Library.

- Budget Workshop #1 - February 26, 2018
- Budget Workshop #2 - March 12, 2018
- Budget Workshop #3 - April 9, 2018

### Holiday Program Expresses Gratitude

A BIG thank you to everyone who participated in the Holiday Program this year; it was a great success once again. We reached out to many families thanks to the generous gifts and personal time that were donated. Thank you to the numerous clubs, organizations, and individuals who were kind enough to take a tag from the "Giving Wreath" -- the program would not be a success without all of your help. Thank you all!

### CV Elementary Students Explore Augmented Reality

Students at Chenango Bridge and Port Dickinson Elementary explored augmented reality in their STEAM classrooms. Through an app called Quiver, students colored on education worksheets. Using the app on iPads, pieces of their artwork came to life and allowed for interactive play.



### 'Wreaths Across America' Honors Veterans

On December 16, members of Chenango Valley High School's Business Club and ninth grade students in Girl Scout Troop #30966 were among community members, veterans, local politicians and members of local businesses who helped to put wreaths on the graves of U.S. veterans laid to rest in the Chenango Valley Cemetery. The event was part of a nationwide "Wreaths Across America Day" movement.



(Photo Courtesy of Karl Krause)



(Photo Courtesy of Karl Krause)



## District News

# Message from the Superintendent

Dear CV Community,

It is hard to believe the first semester of the 2017-2018 school year has already ended! As we have moved into the second half of the school year, we continue to focus on emphasizing academic rigor for all students. The faculty and staff continue to do an excellent job in preparing our students for the future.

The last phase of the current capital project is finally nearing completion, and we have greatly appreciated your patience over these past months, especially the staff, students, and families of Port Dickinson Elementary School, where we experienced an issue with the building's newly-installed fire system. We are presently in the initial planning stages for our next capital project which was recently approved by district voters. This project will primarily focus on upgrades to both the Port Dickinson and Chenango Bridge elementary schools.

We are preparing our 2018-2019 budget proposal and have scheduled budget workshops on February 26, March 12, and April 9. These workshops will be held at 6:00 p.m. in the CV Middle/High School Library. As always, we will work to prepare a budget that supports our educational vision yet remains mindful of its financial implications on our taxpayers, and invite you to attend the budget workshops we have planned.

In closing, thank you for embracing our mission to "Inspire, Engage, and Empower" our students to be their very best. We value our involved families, Civic Associations, and community partners. Chenango Valley is an excellent educational institution with strong community support, and we thank you for helping to make our school district shine!

Sincerely,



David P. Gill, EdD  
Superintendent of Schools



David P. Gill, EdD  
Superintendent

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## Message from the Board of Education President



Kelly Warwick  
Board President

I am always in awe of our community support. Our capital project was overwhelmingly approved and we, as board members, are so excited for the work to begin. Of course, our buildings have undergone major improvements in the last project and we were able to visit, as a group, both elementary buildings. In November, we held our board meeting at Chenango Bridge Elementary. We were given a tour by some incredible student council members. The upgrades, especially in the kitchen, are fantastic. This past January, we held our monthly meeting at Port Dickinson Elementary. We were able to see the new entrance and multi-purpose room upgrades. We were also able to see some of the areas that will be addressed in the new project. Thanks to our taxpayers and supporters, we are able to provide a stellar education in a conducive learning environment. We sincerely thank you for your vote.

Our Vice President Casey Egan Doyle and I have been on a "listening tour" this year. With the support of Dr. Gill, we have met with many of our dedicated staff members, including teachers, support staff, and facilities and operations personnel, to listen to their input regarding what is going on in our schools. We asked them to bring us exciting things that are happening, innovative ideas they may have, and concerns they would like help problem solving. It has been an absolutely wonderful experience and we look forward to meeting with transportation and administration personnel. This experience has reinforced our constant belief that our students are being educated and impacted by some of the best.

Finally, I would like to take a moment to congratulate CV Superintendent David Gill on achieving his doctorate. It is quite an accomplishment and we are all so very proud of him. It takes a tremendous amount of work and dedication. His leadership is valued and we are lucky to have him to oversee our district.

As always, we encourage everyone to attend our monthly board meetings and our committee meetings. Our first budget workshop will take place February 26 at 6:00 p.m. in the high school library. It is an open meeting and we invite you all to attend. We will be working through the process to align the budget with the district's goals and priorities. We thank you for the opportunity to serve the district.

Sincerely,  
Kelly Warwick  
President, Chenango Valley School Board



*After years of hard work and dedication, Chenango Valley Central School District Superintendent David P. Gill earned his doctorate in educational leadership and curriculum instruction from the University of Phoenix in January 2018.*

***Congratulations, David P. Gill, EdD!***

## Pre-Kindergarten and Kindergarten Sign-Up for 2018-2019 School Year

If you have a child who will be four or five years old by December 1, 2018, please call the appropriate number below:

**762-6975 for four-year-old children (pre-kindergarten)**

**762-6970 for five-year-old children (kindergarten)**

You will be placed on a mailing list to receive information about pre-kindergarten registration (four year olds) or kindergarten registration (five year olds). Parent Information Nights and registration for both will be held in March and April.

*Please note:* If your child is currently enrolled in the pre-kindergarten program at Port Dickinson for the 2017-2018 school year, they will automatically be enrolled for kindergarten beginning in September 2018.



## Honor Society Members Help Organize CV Clothing Closet

*(Article/Photos Submitted By: Heather Kogut)*

Over winter break, several Junior and Senior Honor Society members, led by club advisors, Mrs. Amanda Wheeler and Mrs. Heather Kogut, volunteered their time to help clean out and organize the district's clothing closet. This is an ongoing effort by the Honor Society to maintain organization and make the room feel friendly and inviting to anyone who may need the services of the clothing closet. The clothing closet is a room that houses clothing, prom and semi-formal apparel, toiletries, warm coats, shoes, and any other items that students in difficult financial situations may need. This room is available to all of our Chenango Valley students. If a student is in need, please see the guidance office and they will make the room available to that student.

**Students who volunteered:** Alexa Attleson, Taylor Potenziano, Marrison Rogers, Samantha Scott, Madison Perrault, and Natalie Lehr



## Hillcrest Fire Department and Santa Help CV Food Pantry

As part of an annual holiday tradition, the Hillcrest Fire Department held a special evening on December 16 where "Santa" visited with families and children in Hillcrest. "Santa" also collected food items for those in need.

This year, the Hillcrest Fire Department donated more than 15 boxes of food to the CV Food Pantry. The food will be used to assist CV families throughout the year.

For the last few years, "Santa" has also collected food for CHOW and Catherine's Cupboard.



*(Photos Courtesy of Jackie Arnold)*

# The Science of Success:

How Training the Mind and Nutrition Affect Athletic and Scholastic Performance

Chenango Valley Central School District invites you to join us for a seminar on **Wednesday, March 28 from 6:30 – 8:00 p.m. at Chenango Valley High School** entitled **“The Science of Success: How Training the Mind and Nutrition Affect Athletic and Scholastic Performance.”** This seminar is for parents and students alike, and will focus on the power of the mind and the value of nutrition. Participants will be taught strategies and lessons that can be implemented in their day-to-day lives.

We are thrilled to announce the evening’s presenters will be Mr. Bill Clark, CV High School government, economics, and AP Psychology teacher, and Mr. Trent Patterson, CV Middle/High School security officer. In addition to their positions at CV, Mr. Clark and Mr. Patterson recently co-authored a book called *“Lifting Spirits: World Champion Advice for Everyday Living.”*

Mr. Clark is a weightlifting world champion and record holder, and is an international Olympic weightlifting champion. He will discuss the science behind a positive thinker and share how neural pathway creation and the central nervous system can be developed to maximize countless opportunities. Mr. Clark will also share the same mental and emotional training techniques taught and used at Olympic training centers.

Mr. Patterson, University of Alabama football star, television’s *Biggest Loser* competitor, and certified strength, nutrition & movement specialist, is a firm believer that the mind and body need the proper fuel to reach personal excellence. Mr. Patterson will not only teach you how to eat and drink like a winner, he will educate you in the timing of meals, which foods to eat and when, and the biological effects food has on our bodies.

Following the seminar, Mr. Clark and Mr. Patterson will be on hand to sign books and answer questions. We hope to see you at what promises to be a motivating and educational seminar packed with information and tools you can use every day!

**WEDNESDAY, MARCH 28, 2018**

**6:30 - 8:00 P.M. | CHENANGO VALLEY HIGH SCHOOL**



Mr. Clark, Mr. Patterson, and Chenango Valley High School junior Jeffrey Rice were recognized for their dedication put into creating the book *“Lifting Spirits: World Champion Advice for Everyday Living”* at a CV Board of Education meeting on January 17.

Rice designed the book's cover. Mr. Clark and Mr. Patterson were the book's co-authors. *Wonderful job to all on their hard work!*

Representatives from Port Dickinson Elementary discussed the school's Morning Program objectives at January's BOE meeting. They also shared a demonstration regarding "walking a mile in someone else's shoes."



(Photo By: Mary Beth Hammond)

Members of the Chenango Bridge Elementary Student Council did a great job giving Chenango Valley's Board of Education a tour when the November BOE meeting was held at the elementary school.

# District News

## CV Elementary Students Design Upgrades for Santa's Sleigh

In a collaboration between the Reading Promise and STEAM, students at Port Dickinson and Chenango Bridge Elementary were given a "Santa Sleigh Design Challenge." They were asked to design Santa a new sleigh with any upgrades they saw fit for the 21st century. Teachers then chose one sled from each of their classrooms to submit to the challenge's Selection Committee. It was a tough choice for the Selection Committee. In fact, it was so tough that the group decided to choose a winner from each grade level!

Some of CV's engineering students will bring the designs to life on 3D printers as part of their classwork.



**Port Dickinson Elementary**  
Kindergarten: William Keough  
Grade 1: Austin Henyan  
Grade 2: Madeline Vesci



**Chenango Bridge Elementary**  
Grade 3: Isabella Weeks  
Grade 4: Gibsyn Jones  
Grade 5: Tony Zheng

## Lunch With a Side of Productive Discussion

On December 18, Chenango Valley Superintendent Dr. Gill and Assistant Superintendent Mrs. Feyerabend enjoyed lunch and conversation with members of Chenango Bridge Elementary's Student Council, CBE Principal Mrs. Hammond, and CBE Student Council Advisor Ms. Heller.



(Photo By: Dr. Gill)

## CVHS Child Psychology Class Reads to Port Dickinson Elementary Students

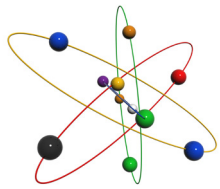


As part of a final project, students in Mrs. Chavez's high school Child Psychology class wrote and illustrated their very own children's books. On January 25, they shared their stories with students in Mrs. Hess and Mrs. Hoyt's classes at Port Dickinson Elementary. It was a great opportunity for both the younger and older students to interact and share a love for literature.

## Reading Promise Winners

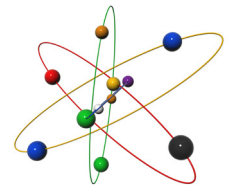


Reading Promise winners in Mrs. Shelepak, Mrs. White, Mrs. DeVincentiis, Mrs. DeBellis, Mrs. Shafer, and Mrs. Reardon's classes enjoyed donuts, cider... and, of course, books!



# STEAM NIGHT 2018

Wednesday, February 28 - 6:00 to 7:30 p.m.  
(CV Middle School Cardboard Boat Races begin at 5:00 p.m.)



STEAM Night is a wonderful event to celebrate the areas of Science, Technology, Engineering, Art, and Math! STEAM Night will take place February 28, 2018. Most activities will be held in the Chenango Valley Middle School.

The night will kick off with CV Middle School Cardboard Boat Races at the middle school/high school pool. Boats line up at 4:30 p.m., judging begins at 4:45 p.m., and races start at 5:00 p.m.

STEAM Night activity stations will get underway at 6:00 p.m. and continue until 7:30 p.m. Students in grades K-12 can participate in a variety of interactive STEAM activities including a K-5 room, and a new 6-8 room designed specifically for middle school students! Those who attend can also watch some Rube Goldberg machines in action, speak with representatives from local businesses and universities, and view sixth grade science projects. *You don't want to miss this exciting, free, and educational event!*

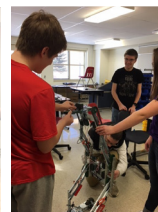
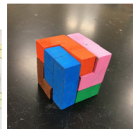
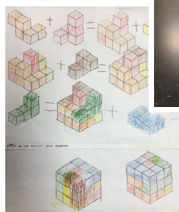
## Full STEAM Ahead

(Article/Photos Submitted By: Sarah Latimer)

We're beating the winter blues in STEAM by keeping busy with projects. Our kindergarten students at Port Dickinson have been busy building homes for arctic animals and ever-popular, 3D shapes made with marshmallows and toothpicks. First grade learned about symmetry by designing snowflakes. Second grade learned about force and motion by performing experiments to demonstrate force, motion, push and pull, and gravity. Now, our first and second graders are learning about coding with the Bee-Bots and Scratch Jr.

At Chenango Bridge our fifth graders have been preparing for their shoe fashion show. Students worked with partners to create a pair of shoes using just tape and recycled newspaper. They are putting together a presentation of the shoes with one student modeling them. Our other grade levels are beginning to use our robots Dash and Dot, starting by getting their robot driver's licenses. They build code using Scratch Jr. to get the robots to perform a series of tasks. Through the "Ag in the Classroom" program fourth and fifth grade students explored "agri-future" opportunities with a visit from Cornell Cooperative Extension representatives... and goats! Third grade students got a visit from Captain the goat in November 2017. Thank you to NYS Senator Fred Akshar, Broome-Tioga BOCES and Cornell Cooperative Extension for making this fun and educational program possible at our schools!

The secondary level has been busy too! Mr. Case's eighth graders just finished building puzzle cubes out of wood. First they learned about design and 3D technical drawing to make the plans for their projects. Then they constructed and painted their blocks. In the high school, our robotics team prepared to go to their first competition with their vex robot. They designed many, many versions of the robot to make it the most effective at stacking cones.

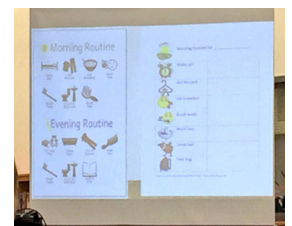


## 'Challenging Behaviors' Workshop Shares Helpful Tips

How can you help to encourage positive behaviors in children? This was a topic covered in a "Challenging Behaviors" workshop on December 5. The workshop, presented by Behavioral Specialist Stacy Smith, was held in the Chenango Valley Middle School/High School Library. It discussed why a behavior may be occurring and the top ten strategies for helping to promote positive behaviors in children ages Pre-K to middle school.

Parents, staff and community members who attended the workshop learned proactive ways to help prevent challenging behaviors, as well as beneficial strategies to help deal with challenging behaviors that are already taking place. Some of the workshop's topics included creating structure/routine in children's lives, creating a supportive environment, setting clear rules and expectations, teaching replacement behaviors, creating a nurturing relationship with children, and making each situation an opportunity for growth. Those who attended also took part in activities to help them implement these helpful tips.

During the workshop, younger children had the opportunity to enjoy winter-themed crafts and movies in the Chenango Valley High School Cafeteria. Students from CV High School's Interact Club helped out with these activities.



## Wellness Day 2017

(Article Submitted By: Beth Hubenthal)

The 11th annual CV Middle School Wellness Day was another success. Students were exposed to all different areas of health and wellness in a series of interactive presentations from staff within the district and community members.

The day started with a keynote speech from Mr. Joel Bennett, local motivational speaker and PE teacher at Windsor. Mr. Bennett played in the Major Leagues with the Baltimore Orioles and the Philadelphia Phillies.

The activity for Olweus classroom meetings on this day was "What is your sentence?" Mr. Bennett included this message in his speech, and then students were given the opportunity to begin to think about who they are and who they want to be.

### Sixth grade presenters:

- Carmen and Michael Rojas-Trout: Salsa, Bachata and Cha-Cha Dancing
- Deputy Stapleton: Cyber-Safety
- Trooper Shive and K-9 Clark
- Ann Marie Faughnan: Fitness/Her experience training and participating in an Iron Man event
- Carolyn Allen and Tina Conklin: Literacy
- Tara Shadduck: Nutrition

### Seventh and eighth grade presenters:

- ADEPT (Alcohol and Drug Education and Prevention Team)
- Core Life and GSR Fitness: Healthy food choices and fitness made fun
- Ms. Ann: Yoga
- CJ Stulir and Jamie Michalak (With Cathy Lyons): Zumba
- Meghan Libous: Essential oils and their use in our everyday life

The eighth graders also participated in a leadership seminar with Mr. Bill Clark (HS Social Studies teacher) and Mr. Eric Attleson (MS principal), while the seventh graders had some fun in the pool!

***Thank you to all who helped to make this event possible!***





## District News

# Chenango Valley High School Business Club's 7th annual Dodgeball Tournament



**March 1\* | 6:00 p.m. - 9:00 p.m. | Chenango Valley High School Gymnasium**  
**Tickets: \$2 for Adults | Free for K-12 Students**



*Proceeds will benefit the CVHS Business Club*

*(\*Snow Date: March 2)*

*Interested in joining the  
Chenango Valley Elementary PTA?*

You can sign up online by visiting:

<https://nyspta.force.com/NewMemberRegistration?unit=15-250>

You can also contact the PTA's membership chairperson Lisa Sabol:  
Lksabol@gmail.com

## CV Staff Members Enjoy Student-Made Thanksgiving Brunch

Students in Mrs. Chavez's Gourmet Foods class treated some of our CV staff members to a delicious Thanksgiving Brunch on the morning of November 16!



## Mentoring Club Teaches Lessons, Engages Social Interaction

*(Article/Photo Submitted By: Cathy Lyons)*

What is Mentoring Club? It is a club at Chenango Bridge Elementary School that is supervised by Mrs. Cathy Lyons (CB Elementary PE teacher) and Eric Coleman (CV High School teacher). CVHS students apply to be a mentor for our CBE students who are recommended by their classroom teachers. The club has been in existence for several years. The HS students are paired with the CBE students and work one-on-one with them on academics, social skills and physical activities.

Sessions demonstrate teamwork, cooperation, and communication, as well as personal and social responsibility amongst our students. The CBE students look forward to our Tuesday after-school meetings. It is great to see their smiling faces and laughter while engaging socially.



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## District News

### CVCS D Teachers Take Part in IEP Development

On January 22, special education teachers from Chenango Valley elementary schools visited Chenango Valley High School to take part in a day-long workshop focused on IEP (Individualized Education Program) development.

Led by Tuesday Mishook, Regional Special Education Training Specialist, and Tara Williams Whittaker, Chenango Valley Central School District Director of Special Education, the goal of this workshop was to help teachers improve practices to create well-developed IEP measurable goals, and tools to progress monitor those goals.

The workshop covered topics including reviewing regulations, best practices in writing present levels of performance, creating measurable goals, and progress monitoring those goals to inform instruction and future needs.

CV Middle School and High School special education teachers worked in a similar workshop earlier this school year with Regional Transition Specialist Stacy McCann.



### CV Administrators, BOE Members Assist 'Backpack Program'



On November 29, some of Chenango Valley Central School District's administrators and Board of Education members helped the Food Bank of the Southern Tier to pack bags of donated food items for its "Backpack Program" to assist local children in need.

The program provides children around the region who may not have access to proper nourishment when school is not in session with food-filled backpacks for over the weekend/holidays.

### 'Warrior Basics' Teaches Ways to Develop Learning Skills in Infants, Toddlers

A meeting to help implement a program called "Warrior Basics" was held on November 29 in the Chenango Valley Middle/High School Library. CV Assistant Superintendent Mrs. Michelle Feyerabend oversaw the meeting, which included discussion and group activities to help develop ways to prepare infants and toddlers for school-aged education.

"Warrior Basics" helps to teach simple, key actions that parents/guardians can take to help their child develop the ability to think and grasp information. A presentation at this meeting included these "basics":

- Maximize love, manage stress
- Talk, sing and point
- Count, group and compare
- Explore through movement and play
- Read and discuss stories

The goal is to spread the word and help parents/guardians in the CV community to raise children who are eager to learn and school-ready.

Representatives from organizations including Chenango Valley Central School District, Binghamton University, Chenango Bridge Pediatrics, Hillcrest Fire, Port Dickinson Police and Fire, the Broome County Sheriff's Office, Weis, Lowes, the Broome County Health Department, Chenango Bridge Nursery School, the Chenango Bridge Post Office, STIC, and the Fenton Free Library were among those who attended. These individuals and organizations will help to play a vital role in teamwork to make the program a success.



CV Board of Education member Mr. Jason Aurelio spoke with Mr. Krause's Junior Achievement entrepreneurship class on February 1 about topics including elements of a successful business start-up, myths and facts about entrepreneurship, and product development options.



Fifth Grade ELA teachers, Mrs. Zanot, Mrs. Shafer, and Mrs. White invited Korin Spencer and Debi Kellam from the Fenton Free Library to come and speak to the fifth grade students on December 21. The presentation was for the students to hear all about the wonderful activities and resources our local library offers to the community. Korin and Debi played a BINGO game with the students explaining all of the different genres the library has to offer, the computers that are available for use, and how to sign up for a library card. The students were so excited to play the game and learn all about our very own Fenton Free Library and what it has to offer.



Korin and Debi will be coming back in the spring to discuss their summer reading programs.

*-Submitted By: Mary Lou Zanot, Carrie Shafer, and Teri White*



The 2017 Chenango Valley Craft Fair was held at CV Middle School and High School on November 18. Thank you to all who helped to make this event possible!



## Chenango Valley Central School District Contact Guide



Questions About	1st Contact	2nd Contact	3rd Contact	4th Contact	5th Contact
Academics	Teacher	School Counselor	Building Principal	Asst. Superintendent	Superintendent
Athletics	Coach	Director of Pupil Services (Athletic Director)	Asst. Superintendent	Superintendent	
Behavior	Teacher	Building Principal	Asst. Superintendent	Superintendent	
BOE Policies	Asst. Superintendent	Superintendent	Board of Education		
Budget	Business Executive	Superintendent			
Building Use	Director of Pupil Services	Asst. Superintendent	Superintendent		
Cafeteria	Food Services Manager	Business Executive	Asst. Superintendent	Superintendent	
Classroom Procedures	Teacher	Building Principal	Asst. Superintendent	Superintendent	
Co-Curricular	Teacher	Building Principal	Asst. Superintendent	Superintendent	
Facilities	Director of Facilities	Business Executive	Superintendent		
Health Office	School Nurse	Building Principal	Asst. Superintendent	Superintendent	
Scheduling/ Grad Requirements	School Counselor	Building Principal	Asst. Superintendent	Superintendent	
Special Education	Director of Special Education	Asst. Superintendent	Superintendent		
Transportation	Bus Driver	Transportation Supervisor	Business Executive	Asst. Superintendent	Superintendent

### -SUPERINTENDENT OF SCHOOLS

David Gill.....Phone: 762-6810 | Fax: 762-6890  
[DGill@cvcsd.stier.org](mailto:DGill@cvcsd.stier.org)

### -ASSISTANT SUPERINTENDENT OF SCHOOLS

Michelle Feyerabend.....Phone: 762-6811 | Fax: 762-6890  
[MFeyerabend@cvcsd.stier.org](mailto:MFeyerabend@cvcsd.stier.org)

### -ATHLETICS/DIRECTOR OF PUPIL SERVICES

Brad Tomm.....Phone: 762-6904 | Fax: 762-6942  
[BTomm@cvcsd.stier.org](mailto:BTomm@cvcsd.stier.org)

### -DIRECTOR OF CURRICULUM

Tamara Ivan.....Phone: 762-6905 | Fax: 762-6890  
[Tivan@cvcsd.stier.org](mailto:Tivan@cvcsd.stier.org)

### -DIRECTOR OF TECHNOLOGY/CURRICULUM

Sarah Latimer.....Phone: 762-6820 | Fax: 762-6890  
[SLatimer@cvcsd.stier.org](mailto:SLatimer@cvcsd.stier.org)

### -FACILITIES & OPERATIONS DIRECTOR

George Zlock.....Phone: 762-6860 | Fax: 762-6896  
[GZlock@cvcsd.stier.org](mailto:GZlock@cvcsd.stier.org)

### -FOOD SERVICES MANAGER

John Marino.....Phone: 762-6840 | Fax: 762-6890  
[JMarino@cvcsd.stier.org](mailto:JMarino@cvcsd.stier.org)

### -PUBLIC INFORMATION COORDINATOR

Molly Darrow.....Phone: 762-6804 | Fax: 762-6890  
[MDarrow@cvcsd.stier.org](mailto:MDarrow@cvcsd.stier.org)

### -SCHOOL BUSINESS EXECUTIVE

Beth Donahue.....Phone: 762-6803 | Fax: 762-6890  
[EDonahue@cvcsd.stier.org](mailto:EDonahue@cvcsd.stier.org)

### -SPECIAL EDUCATION DIRECTOR

Tara Williams Whittaker.....Phone: 762-6830 | Fax: 762-6895  
[TWhittaker@cvcsd.stier.org](mailto:TWhittaker@cvcsd.stier.org)

### -TRANSPORTATION SUPERVISOR

Sue Ticknor.....Phone: 762-6850 | Fax: 762-6896  
[STicknor@cvcsd.stier.org](mailto:STicknor@cvcsd.stier.org)

### PORT DICKINSON ELEMENTARY

(Grades: Pre-K - 2)

770 Chenango St., Binghamton, NY 13901

Principal: James Pritchard | [JPritchard@cvcsd.stier.org](mailto:JPritchard@cvcsd.stier.org)

Phone: 762-6970 | Fax: 762-6979

Attendance Office..... 762-6977

School Nurse: Beth Kresge..... 762-6973

### CHENANGO BRIDGE ELEMENTARY

(Grades: 3 - 5)

741 River Rd., Binghamton, NY 13901

Principal: Mary Beth Hammond | [MHammond@cvcsd.stier.org](mailto:MHammond@cvcsd.stier.org)

Phone: 762-6950 | Fax: 648-8959

Attendance Office..... 762-6954

School Nurse: Joanne Stanley..... 762-6952

### CHENANGO VALLEY MIDDLE SCHOOL

(Grades: 6 - 8)

221 Chenango Bridge Rd., Binghamton, NY 13901

Principal: Eric E. Attleson | [Attleson@cvcsd.stier.org](mailto:Attleson@cvcsd.stier.org)

Phone: 762-6902 | Fax: 762-6945

Attendance Office.....762-6931

School Nurse: Kim Riquier..... 762-6911

Homework Hotline: 6th.....762-6870

Homework Hotline: 7th.....762-6871

Homework Hotline: 8th.....762-6872

### CHENANGO VALLEY HIGH SCHOOL

(Grades: 9 - 12)

221 Chenango Bridge Rd., Binghamton, NY 13901

Principal: Terry Heller | [THeller@cvcsd.stier.org](mailto:THeller@cvcsd.stier.org)

Phone: 762-6900 | Fax: 762-6946

Attendance Office..... 762-6931

School Nurse: Amy Frost..... 762-6912

### GUIDANCE

Phone: 762-6918 | Fax: 762-6944

#### SOCIAL WORKERS:

Jackie Arnold-HS.....762-6900 ext. 4361

Beth Hubenthal-MS...762-6902 ext. 4557

Mari-Jo Trumino-CB...762-6950 ext. 2602

Peg Peters-PD.....762-6970 ext. 1313

#### GUIDANCE COUNSELORS:

Judy Hayes-HS.....762-6900 ext. 4553

Karen Mullins-HS.....762-6900 ext. 4554

Deborah Lally-(6-7).....762-6902 ext. 4552

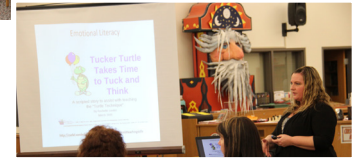
Shelby Samson-(8-9)....762-6902 ext. 4555

# District News

## Presentation Shares Importance of 'Educating Minds and Hearts'

Parents, community members, and CV staff members attended a presentation called "Educating Minds and Hearts: The Importance of Teaching Social/Emotional Skills" that was held in the Chenango Valley Middle School/High School Library on January 23.

The presentation was led by members of the Parent Technical Assistance Center and the Early Childhood Education Center. It focused on why social and emotional skills are essential in order for children to be more successful in the early childcare and educational settings. The presentation also covered strategies on how to implement these skills, such as teaching children conflict resolution techniques, helping children to identify their emotions, and helping them to practice empathy.



## Chenango Valley High School Robotics Team Successful in First 'Vex Competition'

The Chenango Valley High School Robotics Team advanced to the quarterfinals in its first-ever "Vex Robotics Competition" in Elmira on February 3! Students began designing their complex robot in October, and worked hard during free periods and after school to get it prepared to compete. *Great job to all on their hard work and dedication!*

Are you a budding engineer? The Chenango Valley Robotics Team is always looking for talented individuals to join! Contact Mr. Cass (ajcass@cvcasd.stier.org) to find out more information.



(Photos Provided By: AJ Cass)

*Special "thank you" to our community for their generous donations to assist our Chenango Valley families!  
-Jackie Arnold, HS Social Worker (607-762-6924)*

## Warrior Fund: Annual Report September 2016 – June 2017

School supplies for 93 students & 50 Backpacks	10 winter coats, 15 winter boots, 8 snow pants	5 prom tickets for seniors
Assisted 230 families with Aldi gift cards to cover lunch and food issues at home and school	32 clothing purchases for a student in need of school and PE clothes and sneakers	5 students who joined sports and outside gymnastics/dance
7 students with prescriptions that were needed	24 gas cards for families transporting students to appointments	11 packs of bus passes to help students with transportation issues to work or medical appointments
21 scientific calculators	Eye glasses for 3 students	8 students assisted with class field trips
Clothing purchases for 9 students for winter wear	1 college application fee	50 families assisted with CV Holiday Program
27 review books for regents' review	2 NYSSMA fees for students	2 students with their BOCES materials for classes
Donations to cover lunch bills for 7 students	11 caps and gowns	9 year books for seniors

## CHOW: CV Food Pantry September 2016 – June 2017

Families Served: 256	Children: 661	Adults: 187	Seniors: 19
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Total Individuals Served: **876 CV Residents**



# District News

Do you want to help preserve the pride and traditions of CV by building lasting relationships between the district, its graduates, and the community?

The CV Alumni Association is looking for CVHS graduates, employees, retirees, and friends of the district to help the organization fulfill that mission.

Interested? Fill out the form below to get involved. You can also visit [www.cvcasd.stier.org/AlumniHome.aspx](http://www.cvcasd.stier.org/AlumniHome.aspx) or contact [CValumniassoc@gmail.com](mailto:CValumniassoc@gmail.com) to learn more about the organization. Keep up-to-date with the CV Alumni Association on its Facebook page by searching for "Chenango Valley High School Alumni Association" (<https://www.facebook.com/groups/156487764899582/about/>)



**CV  
ALUMNI  
ASSOCIATION**  
CValumniassoc@gmail.com

## LIFETIME MEMBERSHIP APPLICATION

(one-time payment of \$25.00)

Name: \_\_\_\_\_ Graduation Year (if applicable): \_\_\_\_\_

Maiden Name (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

I can help in the following way(s):

serving on a committee or workgroup

serving as an officer of the association

volunteering at events

helping to locate alumni/contact potential members

making a donation to the CV Alumni Association. My donation is included with my dues payment.

You do not need to be an  
alumnus to join us!

If you love CV, we would love  
for you to join us!

Some ideas that I would like to see for Alumni Association events or activities:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*The mission of the Chenango Valley Alumni Association is to preserve and promote the learned ideals, shared traditions, and rich history of the Chenango Valley Schools -- and to strengthen intellectual ties and promote scholarship opportunities for the mutual benefit of current students, alumni, the district, and the community.*

Please mail this completed form and payment to:  
Chenango Valley Alumni Association at the address below.  
Checks made payable to CV Alumni Association.

c/o Gary Hall 162 Monkey Run Road . Port Crane, NY 13833 . email: [CValumniassoc@gmail.com](mailto:CValumniassoc@gmail.com)

# Athletics



Congratulations to Chenango Valley girls JV bowling team: East Division Champions and JV STAC Champions!



(Photo By: Don Kunkel)

Congratulations to the CV boys varsity swim team: East Division Champions!

Congratulations to the girls varsity swim team: Ranked #5 in the NY State in Class B!



More than 80 CV students came out to Sunset Lanes to have a fun-filled afternoon for the CV bowling team's third annual Youth Day!



Congrats CV girls varsity cheer team who won first place in their division and grand champion at the U-E Winter Chill Classic!



Photos from the 3 x 3 Basketball Tournament held at Chenango Valley High School on December 30!



(Photo Provided By: Scott Klein)

(l-r) Front Row: Jack Buchinsky, Garrett Kraack, Marcus Hanyon, Tom Christoffersen, Dallin Cower, Anthony Forbidussi, Dom Testani, Jake Worden | Back Row: Coach Waymire, Austin Williams, Max Singer, Jack Fassett, Shane Ladd, Tom Eccleston, Rory Thompson, Coach Klein

Chenango Valley's JV boys basketball team won the Mark Woitach Tip Off Tournament at Johnson City High School on December 9!

-Coach Klein



(Photo Provided By: Scott Klein)

(l-r): Front Row: Garret Kraack, Tom Christoffersen, Jake Worden, Dom Testani, Dallin Cower, Coach Klein | Back Row: Coach Waymire, Jack Buchinsky, Marcus Hanyon, Max Singer, Tom Eccleston, Austin Williams, Jack Fassett, Shane Ladd (Not pictured: Anthony Forbidussi, Rory Thompson)

The JV boys basketball team beat Greene in the championship game at the Greene Holiday Tournament with a score of 45-16. Tournament MVP was Max Singer.

-Coach Klein

# Athletics

The 2017-2018 Winter STAC (Southern Tier Athletic Conference) Wrestling Championship was held at Chenango Valley High School from January 19 through January 20. Chenango Valley placed ninth out of 16 teams.



(Photo Provided By: Gregory Lehr)

Chenango Valley took first place in the Matt Fedish Dual Meet Tournament held at Chenango Valley High School on December 9.

These CV wrestlers went 5-0: Nathan Lehr, Cole Volpe, Brady Hope, Nate Aylward



(Photo Provided By: Gregory Lehr)

Nathan Lehr, a junior at CVHS, earned his 100th varsity career win on December 13 vs. Norwich.



(Photo Provided By: Scott Klein)

(l-r) Bottom: Nathan Klein, Ziggy Hill, Travis Kraack | Middle: Pat Buchinsky, Coach Aaron Waymire, Pat Giblin, Coach Bob Zanot, Dylan Ferry, Angelo Montemagno, Coach Scott Klein | Back: London Jeter, RJ Santacroce, Henry Stroka

Congratulation to boys varsity basketball coach Robert Zanot on reaching his 300th career victory as his team beat Whitney Point in the Greene Holiday Tournament in December!



**JV/VARSITY SPRING SPORTS BEGIN MARCH 5**



## Art & Music

# Theatre Guild to Perform 'Cinderella'

The Chenango Valley Theatre Guild will be presenting Rodgers & Hammerstein's "Cinderella" on February 23 and 24 at 7:00 p.m. and on February 25 at 2:00 p.m. in the CVHS Auditorium.

In this clever retelling of the beloved fairytale, Ella lives in the care of her wicked, self-absorbed stepmother Madame and Madame's two daughters, Charlotte and Gabrielle. Ella's only friends are the animals in the woods, "Crazy Marie," and the revolutionary student Jean-Michel. Meanwhile in another part of the kingdom, Prince Topher is trying to find himself and learn his place in the kingdom. When his scheming advisor Sebastian suggests throwing a ball so the prince could meet potential brides, Ella and Topher's different worlds collide.

We hope you can join us on this magical adventure!

**For ticket information: visit [www.cvcsd.stier.org](http://www.cvcsd.stier.org),  
call (607) 762-6827 or email [CVMusicalTickets@gmail.com](mailto:CVMusicalTickets@gmail.com).**

*Once upon a time at rehearsal...*





## Chenango Valley Holiday Concerts

Chenango Bridge Elementary, Chenango Valley Middle School, and Chenango Valley High School Music Departments each put on wonderful holiday concert performances throughout the month of December! Fantastic job to all involved!

*\*Chenango Valley High School\**



*\*Chenango Valley Middle School\**



*\*Chenango Bridge Elementary\**



Delightful holiday musical performances took place both at school and throughout the community during the month of December!



(Photo Provided By: Kevin Hammill)



(Photo Provided By: Kevin Hammill)



(Photo Provided By: Kevin Hammill)



# Art & Music

## High School Students' Art Shines in Regional Scholastic Competition

Chenango Valley art students' work shined in the 2018 Regional Scholastic Art Awards competition, with 10 CVHS student artists receiving a total of 16 awards. The students, from Mr. Fitzsimmons and Mr. Zanot's classes, were honored at a January 28 ceremony at the Clemens Center in Elmira. At the ceremony, Madeline Selby moved onto national competition with an "American Visions Best-in Show Award" for her drawing and illustration *Melo*. Allen Doan received a "Creative Arts Award" for both his sculpture and 2D portfolios.

The event was followed by a reception at the Arnot Art Museum's East Gallery, where each student's artwork will be on display through early March. Wonderful job to all on their artistic accomplishments!

Chenango Valley senior Megan Proutey also had her painting *Teeth!* on display in the Arnot Art Museum as part of the national "Art.Write.Now.Tour."



Madeline Selby with her drawing *Melo* which earned an American Visions Best-in-Show Award



Allen Doan's sculpture and 2D portfolios earned a Creative Arts Award



Senior Scholastic Students (l-r): Craig Salzman, Allen Doan, Jocelyn Schell, Megan Proutey, Lauren Marble



Megan Proutey with her national award winning painting *Teeth!*



Back (l-r): Allen Doan, Craig Salzman, Marrison Rogers  
Front (l-r): Jocelyn Schell, Madeline Selby, Abigail Mercik, Megan Proutey  
(Not pictured: Addelynne Bixby, Christy Hanson, Julia Morgan, Kayla Ferris)

## Scholastic Awards Competition

(Photos Provided By: Andrew Fitzsimmons)



American Visions Best-in-Show  
Silver Key Award - Madeline Selby  
*Melo*  
Robert Zanot, educator



Honorable Mention - Addelynne Bixby  
*Yarn Wig Hat*  
Andrew Fitzsimmons, educator



Silver Key Award - Craig Salzman  
*Green Raku Bowl*  
Andrew Fitzsimmons, educator



Honorable Mention - Julia Morgan  
*Textured Sage Bowl*  
Andrew Fitzsimmons, educator



Honorable Mention - Jocelyn Schell  
*Steampunk Container*  
Andrew Fitzsimmons, educator



Honorable Mention - Marrison Rogers  
*Textured Bowl*  
Andrew Fitzsimmons, educator



Honorable Mention - Abby Mercik  
*American Sign Language Study: Y*  
Andrew Fitzsimmons, educator

# Art & Music



Honorable Mention - Kayla Ferris  
*Something Lost*  
Robert Zanot, educator



Honorable Mention - Christy Hanson  
*Metallic Fish*  
Andrew Fitzsimmons, educator



Honorable Mention - Addelynne Bixby  
*Crochet Mug*  
Andrew Fitzsimmons, educator

Silver Key Award - Lauren Marble  
*Samson*  
Robert Zanot, educator



Silver Key Award - Jocelyn Schell  
*Rice Bowl*  
Andrew Fitzsimmons, educator



Creative Arts Award  
Honorable Mention - Allen Doan  
*Hand Mug*  
Andrew Fitzsimmons, educator



Creative Arts Award  
Honorable Mention - Allen Doan  
*Head*  
Andrew Fitzsimmons, educator



Creative Arts Award  
Honorable Mention - Allen Doan  
*Green Head*  
Andrew Fitzsimmons, educator



Creative Arts Award  
Honorable Mention - Allen Doan  
*Demon*  
Andrew Fitzsimmons, educator



Creative Arts Award  
Honorable Mention - Allen Doan  
*Old Man*  
Andrew Fitzsimmons, educator



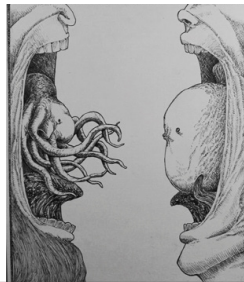
Creative Arts Award  
Honorable Mention - Allen Doan  
*Faces*  
Andrew Fitzsimmons, educator



Creative Arts Award  
Honorable Mention - Allen Doan  
*Self Portrait*  
Robert Zanot, educator



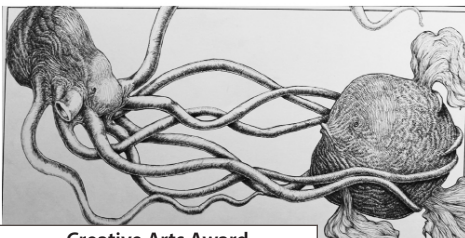
Creative Arts Award  
Honorable Mention - Allen Doan  
*Light*  
Robert Zanot, educator



Creative Arts Award  
Honorable Mention - Allen Doan  
*Argument!*  
Robert Zanot, educator



Creative Arts Award  
Honorable Mention - Allen Doan  
*The Bear Fox*  
Robert Zanot, educator



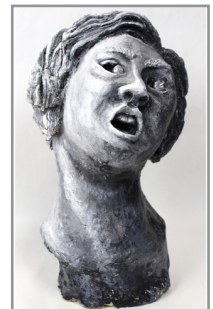
Creative Arts Award  
Honorable Mention - Allen Doan  
*Aquatic Enemies*  
Robert Zanot, educator



Creative Arts Award  
Honorable Mention - Allen Doan  
*Scarecrow*  
Robert Zanot, educator



Creative Arts Award  
Honorable Mention - Allen Doan  
*Fish in the City*  
Robert Zanot, educator



Creative Arts Award  
Honorable Mention - Allen Doan  
*Self!*  
Andrew Fitzsimmons, educator

# Art & Music

## All-County Band (Grades 10-12)



I-r: Carter Wilson, Katie Schultz, Teagan Nester, Jessica Serafini, Melanie Nelson  
(Not Pictured: Peter Jensen, Noah Stroka)

## All-County Chorus (Grades 10-12)



Front row (l-r): Melanie Nelson, Leann Mulligan, Natalie Ehrensbeck, Brenna King  
Back row (l-r): Vince Tatich, Stephen Gehm, Jacob Weir

## All-County Band (Grade 6)



I-r: Dayani Lora, Adelle Wilson, Alexander Boel, Hannah Sherling, Jessica Matson

## All-County Chorus (Grade 6)



I-r: Scarlet Shelley, Alexander Boel, Hannah Sherling, Lola Montemagno

## All-County Band (7-9)



I-r: Forrest Dorn, Maddisen Nelson, Lilian Shelley, Mikayla Bucci  
(Not Pictured: Madeline Selby, Bridgette Turner, Olivia Pepples)

## All-County Chorus (7-9)



I-r: Olivia Santa Croce, Bridgette Turner, Lilian Shelley, Fisher Sullivan

## All-County Orchestra (7-9)



Jenna Schaefer

## Student Artwork Highlights Social Studies Unit



(Photos By: Lisa Sabol)

Mrs. Sabol's fifth grade art students learned about Aztec sun calendars and created tooled foil suns to go with the Inca, Mayan and Aztec unit they learned about in their social studies classes.



# Staying Healthy during Winter



With shorter days, colder temperatures, and the Holidays behind us, it is easy to see that Winter is here. While the falling snow is beautiful, with it comes cold and flu season. Follow these tips to keep you and your family healthy this Winter!

- ✓ **Eat a Healthy Breakfast:** Dark, chilly Winter mornings seem perfect for laying warm in bed, but with work and school, this is not always possible. Getting up early to cook a nourishing breakfast, including eggs, whole grains, fruit and yogurt, will fuel your family for the entire day!
- ✓ **Wash your Hands:** Hand washing helps ward off illness and keep you healthy—scientifically proven! One study showed that kids who washed their hands properly at least three times a day missed 26% less school and had 22% fewer illnesses than kids that did not.
- ✓ **Exercise:** Not only just good for the body, exercise is also a great stress reliever, perfect for this time of the year. Make it fun! Go ice skating, build a snowman, or take a moonlit walk. Just make sure you bundle up nice and warm! Spending time outside offers many health benefits, even when it's cold.
- ✓ **Get Enough Sleep:** Shorter days and longer nights are perfect for getting a long, healthy sleep. Getting your recommended amount of sleep increases your immune system, preventing you from getting sick, and allows you to wake up feeling ready for your day. Studies also found that getting enough sleep is linked to students earning higher grades in school.

**Taken from: 8 secrets to keeping your family healthy this winter**

<https://www.greatschools.org/gk/articles/8-secrets-keeping-family-healthy-winter/>

*(Article Submitted By: Beth Hubenthal, MS Social Worker)*

# 5 Mistakes Students Make When Picking a College

From Link for Counselors (Article Submitted By: Judy Hayes, HS Counselor)

There are some common mistakes that students make when picking a college. Here are five common ones:

1. **Not doing enough research:** Considering that the cost of a four-year college can be as much as purchasing a small home, some students do very little research before accepting an offer of admission. They should look at the college website and talk to admission reps before making that final decision. They should never make a decision without visiting the college first. Most colleges have Admitted Student Days in the spring. These open houses focus on incoming freshmen and often include overnight stays in the dorms to give students a real feel for the campus.
2. **Not knowing the true cost to attend:** This is a big one. Accepting an offer of admission and assuming they will make it all work can be a huge mistake. They should look closely at the financial aid award letter. Most colleges “package” loans within their offers. Taking out too many loans can put a student in debt for 20 or more years. Most schools should have a “net college price calculator” on their site. This should help you make an apples-to-apples comparison between schools.
3. **Assuming location is everything:** Initially, students invariably put colleges on their list based on location. Anywhere near a beach is popular, but they are also often the most difficult to get into. Some of the best colleges are located away from the coasts, and are less selective because of their location. After all, students are so busy most of the time, they hardly ever make it to the beach. It is the opportunities and connections that a student participates in, and makes the most out of, that can affect their overall experience.
4. **Listening to other people:** Students often take colleges off their list because they hear from a friend, or a boyfriend’s mother, that they know a student who hated the college. Yes, it does happen that someone has a bad experience, but that does not mean every student will. It is important to make a decision based on what the college can offer, not what someone else thinks.
5. **Thinking that rankings matter:** Many students still pay way too much attention to the rankings. Just because a college rejects over 90 percent of their students, doesn’t mean it is THE best college to attend. What matters is if it is the best college for each student. Does it offer the right majors, extra-curricular activities or financial aid? This is much more important than where it is ranked. There is no evidence that attending the most highly ranked college assures success in later life.

*This information was from an article published by Jill Haley on the Union’s website. She is a retired high school counselor, who now works as an independent college counselor. She can be reached at <http://www.getyouintocollege.com> or [jillncca@gmail.com](mailto:jillncca@gmail.com).*

## Information for Parents: Course Scheduling for 2018-2019

It is the time of year when the high school counselors are working with your children on their schedules for the 2018-2019 school year. We have been meeting with our students one-on-one since November to complete the individual planning process. One common theme covered in planning is talking about available course options. We encourage our students to take challenging courses and try to be thoughtful about how their choices will benefit them in the college selection process and in life beyond high school.

The scheduling process includes taking all students to the computer lab where a presentation and overview of options are again covered. This will take place the second week of April. Our students will all have a copy of their planning sheet and will add their classes online. We plan on providing parents with a copy of the courses their children select by including them with a five-week report in May. Please encourage your son or daughter to bring this home.

If you have a question about the courses your child selected, please feel free to call our office at 762-6918. We thank you for your support and look forward to hearing from you.

- Judy Hayes, HS Counselor



# Guidance

## Parenting is really hard. Having a growth mindset helps.

Research shows that parents can have a powerful impact on their children's mindsets. The language you use and the actions you take show your children what you expect. Giving process praise, talking about the brain, accepting mistakes as learning opportunities, and understanding the role of emotions in learning are all practices you can begin today.

### Say This, Not That

The way we praise our children can have a profound impact on their mindset. Research on praise and mindsets shows that when we praise children for being smart, it promotes a fixed mindset. It sends a message that their accomplishments are trait-based, and tied to something innate. In contrast, praising kids for working hard promotes a growth mindset. It sends a message that the child's effort is what led them to success. Here are some tips on what to say, and what not to say, when praising your kids.

Say This	Not That
"I can see you worked so hard on this!"	"You are so smart!"
"It seems like it's time to try a new strategy."	"It's okay. Maybe you're just not cut out for this!"
"I like watching you do that."	"You're a natural at that!"
"It looks like that was too easy for you. Let's find you something challenging so your brain can grow."	"That's right! You did that so quickly and easily; great job!"
"That's not right. You don't understand this yet. What strategies can you try to understand it better?"	"That's not right. Are you paying attention in class? It seems like you're not even trying."
"You've worked hard to become a good artist. You should challenge yourself with an advanced class, and learn something you don't know how to do yet."	"You have a real talent for drawing. You should take an advanced art class because you're so good at it."

### Talk About the Brain

The brain is far more malleable than we once thought. Teaching our kids that they actually have control over growing their brains through the actions they take is empowering! Tell your children that when they work hard, that's the feeling of their neurons connecting. The dendrites are reaching out to other dendrites, trying to connect to make a stronger brain. What strengthens those connections is practice, asking questions, and actively participating in learning. When children learn that their brains physically change with effort, it leads to increased motivation and achievement.

### Accept Mistakes as Learning Opportunities

One of the best ways you can model a growth mindset is to speak candidly about the mistakes you've made, and what you've learned from them. Speak positively about your mistakes and struggles, and this will show your children that taking risks and making mistakes are a natural part of the learning process. Explain to your children that trying hard things is what helps us grow, and you can't be perfect when you try something hard!

### Understand the Role of Emotions in Learning

When we get angry, scared or feel threatened, our fight or flight response is activated. This can happen anytime, whether we're scared of a spider or scared of math! Our brains are wired to protect us when we feel threatened, and stress symptoms such as sweating, stomach cramps, and your mind going blank are completely normal. There are strategies we can use when the fight or flight response tries to take over, to help us learn. One of those strategies is slow, controlled breathing which helps to break down the adrenaline that is flooding the bloodstream and preventing learning from occurring.

Adapted from "Mind Set Works" <https://www.mindsetworks.com/parents/growth-mindset-parenting>  
(Submitted By: Shelby Samson and Deb Lally, MS Counselors)

## *1st Quarter Honor Roll*

### **Grade 6**

Tyler-John Adams  
Tarah Allen  
Jenna Beck  
Brian Blaise  
Carter Boorum  
Addisyn Charpinsky  
Andrew Clark  
Robert Clark  
Christopher Davies  
Aidan Decker  
Isaac Decker  
Finian Dolaway  
Owen Edwards  
Steven Faulkner  
Jordan Ford  
Chaz Gerdus  
Abigail Golden-Thomas  
Connor Gonz  
Aiden Granger  
Harry Grannis  
Lydia Herndon  
Addisyn Johnston  
Iris Keldon  
Tyler Kropp  
Matthew Leonard  
Matthew Loperena  
Madison Marshfield  
Delaney McMahan  
Kristina Merritt  
Joshua Morrell  
Grace Pavelski  
Christopher Rogers  
Amir Sadykov  
Logan Sawyer  
Dominic Scott  
Page Sherman  
Aubrey Staub  
Alessandro Testani  
Dana Testani  
Kaylee Warner  
Austin Wilbur  
Jami Williams  
Hannah Woolson  
Gavin Zindle

### **Grade 7**

Ayla Ambrose  
Garrett Andersen  
Brenna Atkinson  
Nathan Atwater  
Lucas Baier  
Ethan Benedict  
Gianna Black  
Jadyn Bobzien  
Dante Brown  
Ivan Bump  
Aidan Cavanaugh

Ean Chapman  
Anesia Christian-Tas  
Trevor Cortright  
Vincenzo DiLuzio  
Olivia DiRienzo  
Sarah Doughty  
Elizabeth Dzuba  
Jada Ealy  
Carly Edwards  
Nathan Edwards  
Jocelyn Erickson  
Dylan Ford  
Jessica Gates  
Marianna Gerdus  
Luke Gillette  
Emilee Greiner  
Kaylee Guelzow  
Alexander Harlost  
Lauren Hart  
Brandon Hirst  
Cameron Hirst  
Tyler Hopkins  
Icey Jones  
Finnian King  
Hannah Labarr  
Danielle Leach  
Logan Lomonaco  
Angelo Mitchell  
Kenneth Moore  
Lucas Morgan  
James O'Bryan  
Kolin Parks  
Bear Red  
Jonah Rice  
Elena Rose  
Corrina Rouff  
John Serafini  
Nathan Shafer  
Fenner Sisson  
Natalie Smith  
Ethan Striley  
Michael Timko  
Sophie Tourtual  
Kaylee Wade  
Erin Wales  
Kaylee Watson  
Khammaneh Weather  
Landon White  
Sarah Willmott

### **Grade 8**

Christian Allen  
Hunter Arno  
Eric Attleson  
Parker Boorum  
Sarah Bush  
Nathan Charpinsky  
Rowan Clark  
Zachary Demer

Forrest Dorn  
Emma Farr-Giblin  
Alexis Fink  
Emily Hamilton  
Tyler Hayes  
Austin Hewison  
Maddox Hogan  
Aidan Hoyt  
Jacob Irons  
Alissa Kropp  
Kolby Krupitza  
Shannon McLark  
Kayla McLaughlin  
Gavin Mercik  
Joshua Miller  
Tino Montemagno  
Allyson O'Connor  
Vraj Patel  
Damon Potter  
Jenna Pratt  
Anthony Rogers  
James Rogers  
Aaron Salisbury  
Cameron Singer  
Nicholas Smith  
Priscilla Soule  
Abigail Stanton  
Sophia Sullivan  
Adam Tester  
Johnathan Tipler III  
Amara Williams  
Alaina Wood

### **Grade 9**

Gabriel Atwater  
Robert Baker III  
William Bangar  
Peyton Broderick  
Ellen Buckley  
David Cron  
Sean Davies  
Nicola DiLuzio  
Owen Dofton  
Aaron Dundon  
Gabriel Dzuba  
Thomas Eccleston  
Alexandra Escobar  
Paige Fetterman  
Connor Frey  
Zoe Gates  
Tori Goga  
Daniel Gorman  
Anthony Grubham  
Zoe Henry Case  
Alexander Hilldale  
Sebastian Hilldale  
Nikkolas Hiras  
Elijah Lanfear  
Tristan Lavoie

Harrycel Mabilog  
Ethan Morgan  
Bailey Palmer  
Andrew Rice  
Makenzie Rogers  
Kaitlyn Schwarz  
Maximilian Singer  
Abby Snashall  
Dominic Testani  
Aaliyah Williams

### **Grade 10**

Kylie Baleno  
Meghan Berg  
Matthew Blance  
Liana Carman  
Jenna Castellucci  
Desire Castro  
Maia Chapman  
Thomas Christoffersen  
Zachary Crooks  
Connor Crouse  
Amelia DiRienzo  
Jack Fassett  
Kyle Ferris  
Anthony Forbidussi  
Claire Harvey  
Julia Mandyck  
Patrick McCabe  
Rebecca Mercik  
Dominic Napoli  
Melanie Nelson  
Celest Pagliarella  
Dhwani Patel  
Kendall Rinker  
Cailee Salisbury  
Brett Salzman  
Emma Schmidt  
Kaylee Shannon  
Rory Sisson  
Caitlyn Slater  
Jacob Smith  
Henry Stroka  
Ryan Wardell  
Dylan Weeks  
Alexander Wojcik

### **Grade 11**

Catherine Ashman  
Jacob Aurelio  
Nathan Aylward  
Antoinette Bennett  
James Bush  
Audrey Calica  
Ethan Cooper  
Rachel Cron  
Shane Culver  
Katie Doan

Elisa Engelmann  
Dylan Ferry  
Hannah Frey  
Kaitlyn Guelzow  
Kaitlyn Hardler  
Grace Harrington  
Mary Hibbard  
J-Lah Jackson  
Morgan Jones  
Nathan Klein  
Tyler Lamando  
Sarah Lamoreaux  
Cameron Lockwood  
Dominic Mastronardi  
Caitlyn McCabe  
Kendyll McMahon  
Retta Mosher  
Leann Mulligan  
Madison Nealy  
Nicholas Norton  
Hunter O'Connor  
Caitlyn Pierce  
Kayla Ranucci  
Kathrine Regan  
Jeramiah Reynolds  
Jayna Ross  
Zachary Sarvey  
Anna Siline  
Devin Skogfeldt  
Calista Smith  
Mallorie Turner  
Mikayla Warner  
Shania Woloch  
Camryn Zaic

### **Grade 12**

Ty Abell  
Hailey Andrascik  
Zachery Baer  
Amethyst Baker  
Rachel Becker  
Anthonie Brito  
Tameira Card  
Benjamin Cease  
Maya Davies  
Matthew DeLaney  
Aidan Dofton  
Cheray Forbes  
Maria Forbidussi  
Trenton Gates  
Stephen Gehm  
Preia George  
Marlaina Giurastante  
Christina Gladhill  
Zaphir Hill  
London Jeter  
Sarah Juran  
Kristapher Lindsey  
Zackary MacLaren

Delany McDonald  
Ryan Mellen  
Emily Monk  
Kobe Parks  
Elizabeth Persons  
Jessica Riegal  
Jacquelyn Ruf  
Dustin Schmidt  
Christofer Schmits  
Jacob Shoemaker  
Madison Smith  
Chace Snyder  
Zackery Soule Sr  
Daniel Tester  
Jacob Weir  
Angelina Williams  
Julianne Worden



# 1st Quarter HIGH Honor Roll

## Grade 6

Sophia Ashman  
Caden Atkinson  
Alexis Bilka-Durdon  
Olivia Blaise  
Alexander Boel  
Lana Briggs  
Callie Broderick  
Mary Brom  
Sophia Buccu  
Grayson Clark  
Destiny Duckworth  
Greta Dutcher  
Grace Frost  
Madelyn Hardler  
Matthew Houseknecht  
Kamryn Hoyt  
Bryan Lanner Jr  
Ava Laroussi  
Rocco Lockwood  
Dayani Lora  
Jessica Matson  
Isabella McKown  
Lola Montemagno  
Kelcey Osteen  
Samantha Perney  
Ethan Randis  
Leah Riquier  
Kyle Santi  
Skylar Schaefer  
Tyler Schultz  
Scarlet Shelley  
Hannah Sherling  
Abigail Skinner  
Covany Skinner  
Haley Smith  
Sophia Stento  
Mary Thayne  
Myron Wells  
Adelie Wilson

Aubrey Marroquin  
Dylan McCabe  
Tessa McEnaney  
Devin Miller  
Tyler Norton  
Merrell Rouff  
Olivia Santa Croce  
Jenna Schaefer  
Alexander Telfer  
Madeline Trisket  
Cayden Turcotte  
Nadia Wojcik  
Lily Young

## Grade 8

Corey Ashman  
Rocco Ashman  
Caleb Barkwell  
Gabriel Beam  
Maxwell Bigelow  
Amanda Bixby  
Grace Brown  
Mikayla Buccu  
Gabriella Capers  
Savana Collins  
Owen Craig  
Isabelle Dithrich  
Emma Dofton  
Caydin Gates  
Emily Goodstal  
Sarah Gorman  
Sadie Graham  
Alex Jacobs  
Eric Jewson  
Aidan Marroquin  
Jordan Martin  
Rylie Miller  
Isabella Moore  
Zachary Murphy  
Maddisen Nelson  
Joseph Nester  
Owen O'Brien  
Chloe Osteen  
Jazmyn Palmatier  
Olivia Pepples  
Colin Perney  
Tara Pitcher  
Saniah Reeves  
Lindsey Rice  
Carson Riquier  
Ethan Rogers  
Riley Spencer  
Ainsley Staub  
Madeline Stento  
Fisher Sullivan  
Adonna Taubar  
Thomas Thayne  
Donavon Tomm  
Celia Trumino  
Braedyn Vinsevich

## Grade 7

Amanda Anderson  
Colin Atkinson  
Marley Baldwin  
Lejla Cehic  
Joshua Coddington  
Chad Cole  
Joshua Conrow  
Sadie Dutcher  
Elizabeth Eggleston  
Savannah Greenmun  
Chase Hanyon  
Kate Hope  
David Inzhirov  
Jeter King  
Carter Klein  
Gavin Laskowsky  
Marin Lesch

Justin Wardell  
Nathaniel Wojcik  
Maisy Wood  
Elijah Young

## Grade 9

Ryan Atkinson  
Cassandra Blewett  
Olivia Bochenek  
Natalie Broderick  
John Buchinsky  
Rachel Butch  
William Clark Jr  
Jacob Coddington  
Devin Edwards  
Jakob Emm  
Alexander Fedo  
Jordyn Gill  
Joseph Kozlowski  
Cameron Krisko  
Da-Xia Ming  
Hannah Mohamad  
Bryana Sawyer  
Eric Schuldt  
Samantha Scott  
Nasira Tas  
Megan Taylor  
Rory Thompson  
Alexa Willis

## Grade 10

Madison Aswad  
Kelsey Burden  
Christopher Ealy  
Logan Fetterman  
Cassidy Hopkins  
Abigail Mercik  
Maxwell Reppard  
Katerina Retzlaff  
Elizabeth Rice  
Gabrielle Rogers  
Michael Schultz  
Owen Staub  
Austin Williams

## Grade 11

Tyler Benedict  
William Blewett  
Adelaide Castro  
Tara Crissman  
Kayla Ferris  
Christy Hanson  
Ryan Houseknecht  
Brittany Kropp  
Thomas Love  
Marc Marion  
Logan McCarthy  
McKenna Miller



## Honors with Distinction

### Grade 9

Kenna Abell  
Kamryn Bates  
Charles Beam  
Brian Chong  
Autumn Dorn  
Mary Doyle  
Caelynn Edwards  
Caleb Frost  
Kerri Hayes  
Matthew Hensel  
Lucas Hoyt  
Megann Jones  
Isaiah Keldon  
Thomas McEntire  
Gabriel McManus  
Kendall Morrell  
Gavin Pagliarella  
Dawson Palmer  
Kendra Potenziano  
Faith Riegal  
Vanessa Rodzinka  
Miranda Rogers  
Madeline Selby  
Sarah Shafer  
Lilian Shelley  
Ella Stafford  
Zachariah Stanton  
Bridgette Turner  
Colsten Volpe  
Keira Warwick

### Grade 10

Anthony Austin  
Samuel Bozuhoski  
Jacob Brown  
Aubrey Craig  
Grace Elliott  
Natalie Gillette  
Danielle Jewson

Madison Perrault  
Alexis Randis  
Jeffrey Rice  
Marrissa Rogers  
Breanen Rought  
Erin Skinner  
Taylor Trout  
Joshua VanBarriger

### Grade 12

Alyssa Benninger  
Patrick Buchinsky  
Riley Buckland  
Rebekah Courtright  
Alexis Demas  
Allen Doan  
Owen Gillette

Audra Lee  
Dominick Lomonaco  
Erin McCollough  
Elizabeth Morgan  
Julia Morgan  
Teagan Nester  
Abigail Pepples  
Caleb Schwarz  
Jessica Serafini  
Ava Travis  
Emma Trumino  
Morgan Whittington  
Nolan Wilson

### Grade 11

Alia Arnold  
Alexa Attleson  
Sara Bozuhoski  
Eric Brom  
Ellis Cleveland  
Faith Fasset  
Jacklyn Hardler  
Brady Hope  
Jeremy Kellam  
Edward Kuklo  
Natalie Lehr  
Paige Lettera  
Andy Li  
Hallie Morgan  
Elizabeth Morton  
Cody Nagle  
Carly O'Brien  
Taylor Potenziano  
Lucas Scott  
Molly Snashall  
Max Sobel  
Kara Watson  
John-Paul Webster  
Caitlin Whiting  
Carter Wilson

### Grade 12

Kiana Archer-Cronk  
Addelynne Bixby  
Madeline Broderick  
Alaina Carman  
Brianna Dayton  
Natalie Ehrensbeck  
Patrick Giblin  
Paige Gill  
Molly Grady  
Hannah Grunder  
Abigail Hamilton  
Mia Hause  
Peter Jensen  
Erica Kaufman  
Brenna King  
Matthew Klein  
Hannah Larsen  
Kayla Lopez  
Lauren Marble  
Lian McGuane  
Grace McManus  
Jonathan Miller  
Emma Moore  
Yana Moroz  
Megan Proutey  
Linsey Reardon  
Craig Salzman  
Croce Santa  
Jocelyn Schell  
Kathleen Schultz  
Kelly Smith  
Anna Stacey  
Noah Stroka  
Tara Terpstra  
Joseph Testani  
Benjamin Venuti  
James Wyatt

Murissa Greiner  
Jailyn Grimaldi  
Elaine Hamilton  
Jenna Hanyon  
Mercedes Harrington  
Ian Keldon  
Diamond Ming  
Russell Nelson  
Matthew Pecha  
Laurel Pernesky-Currier  
Haley Spencer  
Kelly Thompson

## 2nd Quarter Honor Roll

### Grade 6

Tyler-John Adams  
Amiah Afify  
Tarah Allen  
Brian Blaise  
Carter Boorum  
Tyler Carpenter  
Summer Champion  
Addisyn Charpinsky  
Andrew Clark  
Grayson Clark  
Robert Clark  
Nathan Crawford  
Christopher Davies  
Aidan Decker  
Isaac Decker  
Owen Edwards  
Steven Faulkner  
Jordan Ford  
Chaz Gerdus  
Abigail Golden-Thomas  
Aiden Granger  
Lydia Herndon  
Addisyn Johnston  
Iris Keldon  
Tyler Kropp  
Riley Kurtz  
Matthew Leonard  
Rocco Lockwood  
Matthew Loperena  
Madison Marshfield  
Delaney McMahon  
Jacob Mies  
Joshua Morrell  
Dutton Regan  
Logan Sawyer  
Page Sherman  
Keagan Smith  
Keegan Stanton  
Aubrey Staub  
Dana Testani  
Camille Volpe  
Kaylee Warner  
Austin Wilbur  
Jami Williams  
Hannah Woolson  
Gavin Zindle

### Grade 7

Brenna Atkinson  
Colin Atkinson  
Nathan Atwater  
Marley Baldwin  
Ethan Benedict  
Gianna Black  
Jadyn Bobzien

Aidan Butora  
Aidan Cavanaugh  
Ean Chapman  
Anesia Christian-Tas  
Trevor Cortright  
Sarah Doughty  
Carly Edwards  
Nathan Edwards  
Dylan Ford  
Jessica Gates  
Marianna Gerdus  
Luke Gillette  
Savannah Greenmun  
Lauren Hart  
Brandon Hirst  
Tyler Hopkins  
David Inzhirov  
Icey Jones  
Hannah Labarr  
Lucas Morgan  
Elena Rose  
Corrina Rouff  
Fenner Sisson  
Noah Stanton  
Ethan Striley  
Alexander Telfer  
Sophie Tourtual  
Cayden Turcotte  
Kaylee Wade  
Landon White  
Sarah Willmott  
Nadia Wojcik  
Lily Young

### Grade 8

Eric Attleson  
Grace Brown  
Sarah Bush  
Nathan Charpinsky  
Savana Collins  
Zachary Demer  
Emma Farr-Giblin  
Tyler Hayes  
Maddox Hogan  
Aidan Hoyt  
Jacob Irons  
Alissa Kropp  
Kolby Krupitza  
Shannon McLark  
Kayla McLaughlin  
Gavin Mercik  
Joshua Miller  
Rylie Miller  
Tino Montemagno  
Isabella Moore  
Allyson O'Connor  
Jazmyn Palmatier

Damon Potter  
Jenna Pratt  
Carson Riquier  
Anthony Rogers  
James Rogers  
Aaron Salisbury  
Cameron Singer  
Nicholas Smith  
Priscilla Soule  
Sophia Sullivan  
Adonna Taubar  
Adam Tester  
Alaina Wood

### Grade 9

Gabriel Atwater  
William Bangar  
Cassandra Blewett  
Peyton Broderick  
Ellen Buckley  
Benjamin Crawford  
David Cron  
Sean Davies  
Nicola DiLuzio  
Owen Dofton  
Aaron Dundon  
Thomas Eccleston  
Devin Edwards  
Jakob Emm  
Alexander Fedo  
Connor Frey  
Zoe Gates  
Tori Goga  
Daniel Gorman  
Anthony Grubham  
Joseph Kozlowski  
Elijah Lanfear  
Ethan Morgan  
Aidan Perry  
Joelene Pratt  
Bryana Sawyer  
Nathan Siedlecky  
Maximilian Singer  
Abby Snashall  
Nasira Tas  
Dominic Testani  
Aaliyah Williams

### Grade 10

Kylie Baleno  
McKenna Beers  
Meghan Berg  
Matthew Blance  
Kelsey Burden  
Liana Carman  
Jenna Castellucci

Desire Castro  
Maia Chapman  
Thomas Christoffersen  
Connor Crouse  
Christopher Ealy  
Jack Fassett  
Kyle Ferris  
Macaila Harlost  
Claire Harvey  
Patrick McCabe  
Abigail Mercik  
Rebecca Mercik  
Dhwani Patel  
Jonathan Pecha  
Maxwell Reppard  
Katerina Retzlaff  
Kendall Rinker  
Cailee Salisbury  
Brett Salzman  
Emma Schmidt  
Jacob Smith  
Alexander Wojcik

### Grade 11

Jacob Aurelio  
Nathan Aylward  
Tyler Benedict  
Alyvia Brown  
Audrey Calica  
Tara Crissman  
Rachel Cron  
Katie Doan  
David Dodson  
Dylan Ferry  
Hannah Frey  
Kaitlyn Guelzow  
Christy Hanson  
Grace Harrington  
Mary Hibbard  
Ryan Houseknecht  
Morgan Jones  
Nathan Klein  
Tyler Lamando  
Sarah Lamoreaux  
Nathan Lehr  
Thomas Love  
Kendyll McMahon  
McKenna Miller  
Madison Nealy  
Nicholas Norton  
Hunter O'Connor  
Caitlyn Pierce  
Alexis Randis  
Kathrine Regan  
Marrissa Rogers  
Jayna Ross  
Zachary Sarvey

Madisyn Savage  
Stefani Schmidt  
Anna Siline  
Calista Smith  
Nathan Smith  
Meghan Swan  
Joshua VanBarriger  
Mikayla Warner  
Camryn Zaic

### Grade 12

Hailey Andrascik  
Zachery Baer  
Samantha Bennett  
Alyssa Benninger  
Anthonie Brito  
Benjamin Cease  
Maya Davies  
Alexis Demas  
Allen Doan  
Aidan Dofton  
Stephen Gehm  
Marlaina Giurastante  
Christina Gladhill  
Elaine Hamilton  
Mercedes Harrington  
Ian Keldon  
Kristopher Lindsey  
Kaitlyn Mach  
Delany McDonald  
Diamond Ming  
Yana Moroz  
Kobe Parks  
Elizabeth Persons  
Jackson Retzlaff  
Jessica Riegal  
Devin Sawyer  
Dustin Schmidt  
Christofer Schmits  
Madison Smith  
Chace Snyder  
Daniel Tester  
Julianne Worden

*\*Please note that students with incomplete grades at press time may not be included in this list  
and will be recognized in our next issue of the Newscaster.*

## 2nd Quarter HIGH Honor Roll



### Honors with Distinction

#### Grade 6

Sophia Ashman  
Caden Atkinson  
Jenna Beck  
Alexis Bilka-Durdon  
Olivia Blaise  
Alexander Boel  
Lana Briggs  
Callie Broderick  
Mary Brom  
Sophia Bucci  
Destiny Duckworth  
Greta Dutcher  
Grace Frost  
Madelyn Hardler  
Matthew Houseknecht  
Kamryn Hoyt  
Bryan Lanner Jr  
Ava Laroussi  
Dayani Lora  
Jessica Matson  
Isabella McKown  
Lola Montemagno  
Kelcey Osteen  
Grace Pavelski  
Samantha Perney  
Ethan Randis  
Leah Riquier  
Christopher Rogers  
Amir Sadykov  
Kyle Santi  
Skylar Schaefer  
Tyler Schultz  
Dominic Scott  
Scarlet Shelley  
Hannah Sherling  
Abigail Skinner  
Covany Skinner  
Haley Smith  
Sophia Stento  
Alessandro Testani  
Mary Thayne  
Myron Wells  
Adelie Wilson

#### Grade 7

Lucas Baier  
Lejla Cehic  
Joshua Coddington  
Chad Cole  
Joshua Conrow  
Sadie Dutcher  
Elizabeth Eggleston  
Kaylee Guelzow  
Chase Hanyon  
Cameron Hirst  
Kate Hope  
Jeter King  
Carter Klein

Gavin Laskowsky  
Marin Lesch

Logan Lomonaco  
Aubrey Marroquin  
Dylan McCabe  
Tessa McEnaney  
Devin Miller  
Tyler Norton  
James O'Bryan  
Kolin Parks  
Jonah Rice  
Merrell Rouff  
Mercedes Roys  
Olivia Santa Croce  
Jenna Schaefer  
Natalie Smith  
Madeline Trisquet  
Kaylee Watson  
Khammaneh Weather

#### Grade 8

Corey Ashman  
Rocco Ashman  
Caleb Barkwell  
Gabriel Beam  
Maxwell Bigelow  
Mikayla Bucci  
Gabriella Capers  
Owen Craig  
Isabelle Dithrich  
Emma Dofton  
Caydin Gates  
Emily Goodstal  
Sarah Gorman  
Alex Jacobs  
Eric Jewson  
Aidan Marroquin  
Zachary Murphy  
Maddisen Nelson  
Joseph Nester  
Owen O'Brien  
Chloe Osteen  
Vraj Patel  
Christopher Paultre  
Olivia Pepples  
Colin Perney  
Tara Pitcher  
Saniah Reeves  
Lindsey Rice  
Ethan Rogers  
Riley Spencer  
Ainsley Staub  
Madeline Stento  
Fisher Sullivan  
Thomas Thayne  
Donavon Tomm  
Celia Trumino  
Justin Wardell  
Nathaniel Wojcik  
Maisy Wood

#### Grade 9

Ryan Atkinson  
Olivia Bochenek  
Natalie Broderick  
John Buchinsky  
Rachel Butch  
William Clark Jr  
Ethan Clark  
Jacob Coddington  
Jordyn Gill  
Nikkolas Hiras  
Megann Jones  
Cameron Krisko  
Thomas McEntire  
Hannah Mohamad  
Gavin Pagliarella  
Andrew Rice  
Vanessa Rodzinka  
Eric Schuldt  
Samantha Scott  
Zachariah Stanton  
Megan Taylor  
Rory Thompson  
Alexa Willis

#### Grade 10

Madison Aswad  
Anthony Austin  
Logan Fetterman  
Cassidy Hopkins  
Melanie Nelson  
Celest Pagliarella  
Abigail Pepples  
Elizabeth Rice  
Gabrielle Rogers  
Michael Schultz  
Henry Stroka  
Ava Travis  
Dylan Weeks  
Austin Williams  
Nolan Wilson

#### Grade 11

Catherine Ashman  
Antoinette Bennett  
William Blewett  
Ethan Cooper  
Shane Culver  
Kayla Ferris  
Brady Hope  
Natalie Lehr  
Andy Li  
Marc Marion  
Logan McCarthy  
Leann Mulligan  
Jeffrey Rice  
Breanen Rought  
Harley Sarvey

#### Grade 9

Kenna Abell  
Kamryn Bates  
Charles Beam  
Brian Chong  
Autumn Dorn  
Mary Doyle  
Caelynn Edwards  
Caleb Frost  
Kerri Hayes  
Matthew Hensel  
Lucas Hoyt  
Isaiah Keldon  
Gabriel McManus  
Kendall Morrell  
Luke Noonan  
Dawson Palmer  
Kendra Potenziano  
Faith Riegall  
Miranda Rogers  
Madeline Selby  
Sarah Shafer  
Lilian Shelley  
Ella Stafford  
Bridgette Turner  
Colsten Volpe  
Keira Warwick

#### Grade 10

Samuel Bozuhoski  
Jacob Brown  
Aubrey Craig  
Grace Elliott  
Natalie Gillette  
Danielle Jewson  
Audra Lee

Dominick Lomonaco  
Erin McCollough  
Elizabeth Morgan  
Julia Morgan  
Teagan Nester  
Caleb Schwarz  
Jessica Serafini  
Owen Staub  
Emma Trumino  
Morgan Whittington

#### Grade 11

Alia Arnold  
Alexa Attleson  
Sara Bozuhoski  
Eric Brom  
Adelaide Castro  
Ellis Cleveland  
Faith Fassett  
Jacklynn Hardler  
Jeremy Kellam  
Brittany Kropp  
Edward Kuklo  
Paige Lettera  
Hallie Morgan  
Elizabeth Morton  
Cody Nagle  
Carly O'Brien  
Madison Perrault  
Taylor Potenziano  
Lucas Scott  
Molly Snashall  
Kara Watson  
John-Paul Webster  
Caitlin Whiting  
Carter Wilson

#### Grade 12

Kiana Archer-Cronk  
Madeline Broderick  
Alaina Carman  
Patrick Giblin  
Paige Gill  
Molly Grady  
Murissa Greiner  
Hannah Grunder  
Abigail Hamilton  
Mia Hause  
Erica Kaufman  
Brenna King  
Matthew Klein  
Kayla Lopez  
Lauren Marble  
Lian McGuane  
Grace McManus  
Emma Moore  
Russell Nelson  
Matthew Pecha  
Megan Proutey  
Linsey Reardon  
Craig Salzman  
Roy Santa Croce  
Jocelyn Schell  
Kathleen Schultz  
Kelly Smith  
Anna Stacey  
Noah Stroka  
Tara Terpstra  
Benjamin Venuti  
James Wyatt

Erin Skinner  
Max Sobel  
Taylor Trout  
Mallorie Turner  
Shania Woloch

#### Grade 12

Ty Abell  
Amethyst Baker  
Rachel Becker  
Addelynn Bixby  
Patrick Buchinsky  
Riley Buckland  
Rebekah Courtright  
Brianna Dayton  
Matthew DeLaney  
Natalie Ehrensbeck  
Maria Forbidussi  
Owen Gillette  
Jailyn Grimaldi  
Jenna Hanyon

Peter Jensen  
Hannah Larsen  
Zackary MacLaren  
Jonathan Miller  
Laurel Pernesky-Currier  
Jacquelyn Ruf  
Zackeri Soule Sr  
Haley Spencer  
Joseph Testani  
Kelly Thompson  
Jacob Weir

# Port Dickinson Elementary

We are slowly going over the construction check list here at Port Dickinson. We are working with the architects, contractors, facilities, administration and staff to address some of the concerns. One has been the fire alarm. We have temporarily put into place that children can take their coats out during a fire alarm. A letter was recently sent home regarding this.

I would like to thank the Lions Club of Broome County for doing vision screenings on our Pre-K students. They have a national program known as "Screening Eyes Early." This year, the members of the Lions Club came to Port Dickinson and screened our Pre-K students. Out of those screenings, 12 students were referred to eye doctors. This can be a long process for our school nurse, but with the help of the Lions Club it took less than a day.



Jim Pritchard, principal,  
Port Dickinson Elem.

## Port Dickinson Elementary 'Morning Program Recognition'

These Port Dickinson Elementary students were recognized for actions of outstanding character and leadership in monthly "Student Recognition Day" Morning Programs!

November



December



January



Students and family members made wonderful gingerbread houses and gingerbread people at Port Dickinson Elementary's Pre-K Family Day on December 21! There were even New Year's Eve countdowns with confetti!

# Port Dickinson Elementary

## Primary Project

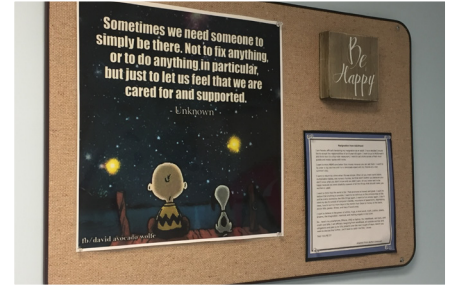
(Submitted By: Peg Peters and Marie Rossie)

Port Dickinson Elementary is in its second year of a program called Primary Project. This program helps students adjust into the classroom so that they are better able to focus on learning.

Primary Project is a chance for children to connect with a trained child associate. Students are able to have some one-on-one time with Marie Rossie, Port Dickinson Elementary's child associate, once a week for about 12-15 weeks. It is a chance for children at this younger age to express themselves through play, which is often easier for a child than words. It is an opportunity for children who may find school adjustment challenging (whether they are shy, easily distracted or frustrated) to help prevent potential difficulties as they get older.

Primary Project benefits children by giving them confidence to participate in class, increasing their self-confidence and focus, assisting in their social development and helping them with adjustments to life's changes (i.e. new teachers, friends, and routines).

Primary Project can also help to support classroom behavior by increasing self-esteem, assisting in making and maintaining peer relationships, helping students to express their feelings for better communication, and improving their ability to take initiative with decision making.



"How do clouds float?" This great question from Port Dickinson Elementary second grade student Annemarie Maire was featured in the Press & Sun-Bulletin newspaper after her question was chosen for an "Ask a Scientist" article. In the article, Annemarie's question was researched and answered in-depth by Binghamton University Associate Professor of Physics Stephen Levy.



Port Dickinson Elementary teachers reviewed common periodic tasks in a math information session with Pre-K - 6 Mathematics Professional Development Specialist Paul Volkert on December 5.



Port Dickinson Elementary students had a blast using Xerdance as a way to exercise in physical education class!

The activity, which involves a mat with arrows and a screen with a variety of songs to follow along to, encourages movement in a fun way!



(Photos Provided By: Carrie Vesci)

"Reading buddies" in Mrs. Hess' kindergarten class and Mrs. Vesci's second grade class shared stories and popcorn on the day before Thanksgiving break!

# Chenango Bridge Elementary

Dear families,

We are in the time of the year where, during the winter months, we have sunshine on one day and below zero temperatures the next. Inside our classrooms at CB Elementary, our students are engaged and learning new concepts, skills, and strategies to grow as responsible, capable learners. Learning is a process that takes time, effort, and a positive, energetic attitude.

Academically, we work as a team to ensure integration of our curriculum, combined with collaborative opportunity with English Language Arts (reading and writing), math, science, S.S., art, physical education, music, technology, and library opportunities. We are seeing success with our new writing initiative. It is amazing to see how well our students are progressing with their writing ability. With our school district's work to help "Every Warrior Succeed," our teachers and school-related professionals are able to participate in professional development opportunities to simply help our students to be excited about learning.

We continuously work on providing our students with opportunities to more deeply understand the world of science through our hands-on work in the Science Lab, and help them to develop thinking, reasoning, and problem solving skills through our STEAM classroom and Tinker Lab. We are very lucky to have an increased number of Chromebooks for use in our classrooms. These enhance learning in content areas, and allow students to work on reading, math fluency, and research in both science and social Studies.

Our students are able to participate in clubs (Art Club, Book Club, Science Club, Math Club, Chess Club, Mentoring Club) and receive extra help from our teachers on Tuesdays and Thursdays. These afternoons provide student a way to learn, socialize, and have fun! Additionally, our Student Council at CB Elementary sponsored a "Spirit Week." Faculty/staff and students wore sporty jerseys, showed "CV Warrior Spirit," and enjoyed flannel pajamas and T-shirts. CB's two PE teachers, Mr. Ted Hoffman and Mrs. Cathy Lyons, shared the importance of being "heart healthy" through our "Jump Rope for Heart" initiative. Each February, we are very lucky to have guest speaker Mr. Joseph Trionfero come to CB to present "The Show of Love" assembly. This presentation teaches everyone the power of positive peer relationships and important character education through our Olweus work. This message was delivered through role-playing, with a fabulous musical flair.

The success of our school and students is directly correlated to the positive connections and communication we have between home and school. The faculty/staff at CB is dedicated to making every day academically challenging, positive, and fun. Please enjoy some quality time with your families. Stay warm and think spring!



Mary Beth Hammond,  
principal, Chenango  
Bridge Elementary

## Students Take Part in 'Drums Alive' Activity

Chenango Bridge Elementary students had a blast exercising while participating in a "Drums Alive" activity led by certified "Drums Alive" instructor Mrs. Terry Price and CB physical education teacher Mrs. Cathy Lyons! The program also helps to engage several parts of students' brains and improve skills such as coordination and dexterity.



## Olivia Wahl Works with Chenango Bridge Students, Teachers

On December 19, Olivia Wahl worked with teachers and students at Chenango Bridge Elementary. As part of her visit, Mrs. Wahl modeled writing workshops with students, while teachers were able to observe from another room.

After each mini-lesson was complete, Mrs. Wahl met with teachers to review the workshops, the writing process, and interactions with students. She discussed topics including how immersing students in text can help them turn writing technique ideas from "new to known."

Mrs. Wahl has been helping Chenango Valley Central School District to implement a version of Lucy Calkins' "Units of Study in Writing" in kindergarten through eighth grade since the beginning of the school year. Students get sustained writing time daily at the elementary level and units of curriculum are dedicated to writing at the middle school level. The hope is to not only promote writing for enjoyment, but to improve the academics of writing as well.



Led by Miss DeGroff, Chenango Bridge Elementary's fourth and fifth grade choruses did a wonderful job singing the Canadian and American National Anthems at the Binghamton Devils hockey team's home game for "Family Night" on February 2!



Grade 4 Chorus



Grade 5 Chorus

# Chenango Bridge Elementary

## #FitWithFamily Encourages Healthy Habits

Chenango Bridge Elementary is encouraging students to share #FitWithFamily photos to help promote family fitness. Photos capturing families in action will be posted on a wall near the elementary school's gymnasium.

The photos must include a Chenango Bridge student and at least one family member (this can be extended family and beloved family pets as well) engaged in physical activity such as throwing a frisbee, walking, running or playing soccer. Students are asked to share a brief description of the activity along with their photo and name.

Chenango Bridge hopes to fill up the #FitWithFamily wall with as many positive fitness happenings as possible – showing that exercise can be both healthy and fun for all!



Chenango Bridge Elementary fifth grade student Aisling King's question was recently featured in an "Ask a Scientist" article in the Press & Sun Bulletin newspaper. Aisling's question "How do snowflakes get their shape?" was answered by Binghamton University Department of Mechanical Engineering Assistant Professor Congru Jin.



Fourth grade student Bianca Tuttle designed this awesome poster reading "Be a good human!" as a friendly reminder to always try your best and treat others well. The poster was hung in the hallway at CB Elementary for all students to see!

Some of our Chenango Bridge Elementary third grade students celebrated the day before Thanksgiving Break with a feast of apple-cinnamon cobbler, homemade bread, and butter they helped to make!



## Martial Arts Demonstration Teaches Lessons About Respect and Leadership



Thank you to Mr. Hein and Mr. Sinclair from Warrior Way Martial Arts for speaking to Chenango Bridge Elementary's third grade students about respect and being a good community member, along with showing what it takes to be a true leader. Some students were even able to take part in a board breaking demonstration which helped to show students that community support can help to build our strengths.

As a member of Mrs. Sabol's Art Club, Chenango Bridge Elementary fifth grade student Grazielle Lora won first place in her age group in the YES Safe Choice Red Ribbon Week Poster Contest. Grazielle was honored at an awards ceremony at the arena, hosted by NYS Senator Fred Akshar. She also received four tickets to a Binghamton Devils game, and a Toys R Us gift card! The Art Club received an additional prize of \$100 worth of art supplies, which they will use to create a very special sculpture!



(Photos Provided By: Lisa Sabol)

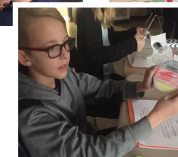
## Students Create Habitats in Shoeboxes



After learning about different habitats, third grade students had the chance to make a habitat themselves!

In December, students had the opportunity to choose to create either a desert, ocean or savanna habitat. Using paper and other supplies, each student did a great job of turning ordinary shoeboxes into extraordinary creations filled with creatures such as lions and octopuses, and plants such as cactuses and seaweed (dependent on each shoebox environment).

## Elementary Students Explore 'Holidays Around the World'



During a "Holidays Around the World" activity, Chenango Bridge Elementary students learned about the traditions and histories of holidays in a variety of countries across the globe!

## Middle School

Rather than hibernating for the winter, Chenango Valley Middle School has been alive with activity. The teachers and staff have been working very hard with your children to provide the best educational experience possible.

On December 22, the day before winter recess, CV Middle School held the 11<sup>th</sup> annual Wellness Day. This was a day of non-traditional education that addressed each student's character and overall wellness. It was important for our students to take a break from the daily academic rigor and spend time learning about the many components that help to achieve holistic success. The keynote speaker was Mr. Joel Bennett, Windsor Middle School physical education teacher and former professional baseball player for the Baltimore Orioles and Philadelphia Phillies. Mr. Bennett is a motivational speaker who kicked off our day with the message; "What is your Sentence?" His message was one of leadership, developing goals and understanding oneself. The students also attended classes/sessions which included Core Life and GSR Fitness, yoga, nutrition, a NYS Troopers K-9 dog, cyber-safety and social media, fitness, Zumba, literacy, health, ADEPT, dance, and a leadership seminar. Thank you to Mrs. Hubenthal, Mrs. Samson, Mrs. Lally, Mrs. Riquier, and the entire CV Middle School faculty and staff for making Wellness Day an overwhelming success for our middle school students.



Eric E. Attleson, principal  
CV Middle School

Our students, teachers, and staff are looking forward to the 8<sup>th</sup> annual Middle School Cardboard Boat Race on Wednesday, February 28. The boat lineup will begin in the pool hallway at 4:30 p.m., with judging beginning at 4:45 p.m. and races beginning at 5:00 p.m. Following the Cardboard Boat Race, STEAM Night will start at 6:00 p.m. in the MS Gym and Cafeteria.

I look forward to seeing you at the Boat Race and STEAM Night. Please do not hesitate to contact me or the school if you have any questions.

Follow the MS on twitter @CVMSWarriors. Look for us on Pinterest – CVMSWARRIORS for MS educational topics and ideas.

### Upcoming Events in the Middle School:

- Friday, February 23 through Sunday, February 25 – CVHS Musical "Cinderella."
- Monday, February 26 – Budget Workshop #1 at 6:00 p.m. in CV Middle School/High School Library.
- Wednesday, February 28 – 8<sup>th</sup> annual Cardboard Boat Race at 5:00 p.m. Boat lineup begins at 4:30 p.m. Judging begins at 4:45 p.m.
- Wednesday, February 28 – STEAM Night at 6:00 p.m. MS Gym and Cafeteria.
- Friday, March 2 – End of the five week marking period.
- Friday, March 9 – 8<sup>th</sup> Annual Chenango Valley Community Night – 6:00 p.m. to 8:00 p.m.
- Friday, March 16 – No School - Conference Day.

## Fun Friday 2017

Chenango Valley Middle School's "Fun Friday" lived up to its name with tons of awesome activities! The event (which included activities such as coloring, juggling, dodgeball, ping pong, karaoke, hair and nails, board games, and even a scavenger hunt) was held in the middle school on December 1.



Great job to the Chenango Valley Middle School sixth graders who competed at Mathalon in December!



(Photo By: Dr. Gill)



## Sixth Grade Students Build Leadership Skills

Chenango Valley Middle School sixth grade students took part in a leadership seminar titled "Building Warriors Workshop" on January 26. The workshop, led by Mrs. Hubenthal, Mrs. Lally, and Mr. Attleson, included activities such as each student writing down a specific thing they will do to help make the school a better place. Using the SMART (Specific, Measureable, Achievable, Relevant, Timely) goals process, students figured out how they could achieve this goal. The written goals were placed in students' lockers as a self-reminder to add positive contributions to their school community. Great job to all involved!



# Middle School

## Student of the Month – November 2017



Front Row (l-r): Tessa McEnaney, Isaac Decker, Alexander Boel, Adelle Wilson  
Back Row (l-r): Elijah Young, Aubrey Marroquin, Dylan McCabe, Abigail Stanton, Grace Brown

<u>6th Grade Team</u>	<u>7th Grade Team</u>	<u>8th Grade Team</u>
Adelle Wilson	Aubrey Marroquin	Elijah Young
Alexander Boel	Tessa McEnaney	Grace Brown

<u>Good Citizen:</u>	<u>Good Citizen:</u>	<u>Good Citizen:</u>
Isaac Decker	Dylan McCabe	Abigail Stanton

## Student of the Month – December 2017



Front Row (l-r): Steven Faulkner, Ethan Benedict, Myron Wells, Sophia Ashman, Garrett Andersen  
Back Row (l-r): Chad Cole, Thomas Thayne, Allyson O'Connor, Olivia Pepples

<u>6th Grade Team</u>	<u>7th Grade Team</u>	<u>8th Grade Team</u>
Sophia Ashman	Chad Cole	Thomas Thayne
Steven Faulkner	Garrett Andersen	Olivia Pepples

<u>Good Citizen:</u>	<u>Good Citizen:</u>	<u>Good Citizen:</u>
Myron Wells	Ethan Benedict	Allyson O'Connor

Our Students of the Month "CARE" about CV: **C-Commitment A-Attitude R-Responsibility E-Enthusiasm**

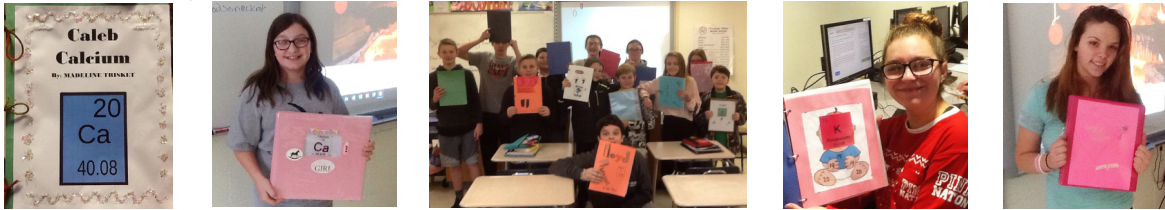
## Middle School Students Explore Career Opportunities

William Hoffmann from the financial consultant firm Merrill Lynch visited Mr. Krause's Computer 7 class on November 29. Mr. Hoffman is a volunteer with the Greater Binghamton Chamber of Commerce. The Commerce has been working with local school districts to promote Junior Achievement Financial Literacy curriculum. Mr. Hoffmann visited as a classroom facilitator once a week for six weeks. Students learned how to make choices to better understand the concept of self-knowledge, and how to apply their skills, interests, and values as they consider a potential career path.



(Photos Provided By: Karl Krause)

## 'Baby Elements' Delivered in Middle School Computer Lab



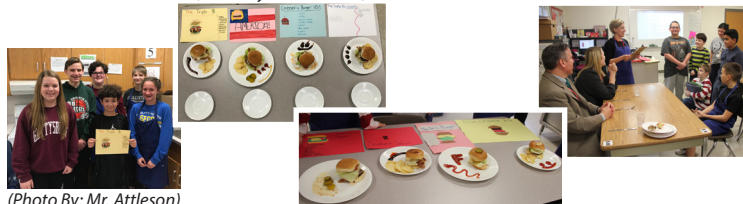
(Photos Courtesy of Judy Phillips)

Students in Mrs. Bigelow's middle school science class created "baby element" projects in the middle school computer lab in the month of December. Some students even gave their elements names including "Holly Hydrogen" and "Caleb Calcium." *Congratulations to all on their successful project deliveries!*



Chenango Valley Middle School students received "out of this world" lessons -- thanks to Mrs. Peterson and a portable planetarium! Students learned about topics including solar and lunar eclipses, constellations, and even some stories behind the names of constellations!

(Photo By: Mr. Attleson)



(Photo By: Mr. Attleson)

Chenango Valley Middle School FACS classes had fun taking part in "Burger Cook-Off" activities on January 12!

As part of an Ancient Egypt study unit, students in Mrs. Vesce's sixth grade social studies classes mummified dolls.

The lesson helped to teach students about the process and meaning behind mummification, and expanded their knowledge of Ancient Egyptian vocabulary terms.



# High School

Second semester is upon us. The high school has completed our mid-year assessments and Regents exams. More than half of the 2018 school year is complete. It will not be long before we are talking about graduation, which will take place Friday, June 22 at 7:00 p.m. at the stadium.

Our Spring Recess is March 30-April 8. When we return from our Spring Recess, there will be less than 11 weeks of school left before Regents and final exams begin. Exam schedules will be out in May. It is extremely important that your child stay focused and keep up with their work. 10<sup>th</sup> periods are available Monday-Thursday for students to get extra help from their teachers. In addition, the Learning Lab is open Monday-Thursday from 3:00 - 5:30 p.m. in the HS library for students who need extra help in their core classes. Effort and hard work now will make the testing in June less intimidating.

The CV Theatre Guild will present "Cinderella" February 23-25. Students have been practicing and rehearsing for the past few months. Come out and see the play -- the final product of all their hard work.

Spring sports start Monday, March 5.

As always, if you have any questions, please feel free to contact me.



Terry Heller, principal  
CV High School

## Lessons Encourage Strength and Positivity

Mr. Bill Clark, a World Champion powerlifter and CV social studies teacher, spoke with Mr. Tidick's current events/local history class on November 17. Mr. Clark told students that one key to a successful life is to "surround yourself with positive influences."

Mr. Trent Patterson, a security officer at CV Middle/High School, visited the class in January. Mr. Patterson was a former Alabama University lineman and a contestant on the reality game show "The Biggest Loser." He shared words of inspiration including, "We can overcome adversity, we just have to have the right mindset."

This was all part of Mr. Tidick's lessons on "CV's local heroes." Mr. Tidick recently brought in former Broome Dusters hockey player Mr. Max Hansen, who discussed his hockey career and other related topics. He also previously brought in Mr. Robert Zanot, a CV High School art teacher who played Division I football at the University of Notre Dame, and CVHS Principal Mr. Terry Heller, who played collegiate basketball at LeMoyné College. They both discussed how their college experiences helped them in their professional careers.



(Photo Credit: Hatala Orthodontics)

Three Chenango Valley High School students were among 23 area HS students who shadowed Dr. Mark P. Hatala and his orthodontic staff as part of Groundhog Job Shadow Day at Hatala Orthodontics in Johnson City on February 1.

Audrey Calica, Hallie Morgan, and John-Paul Webster discovered the wide range of rewarding career opportunities available in orthodontic practices as they watched staff members perform tasks such as adjusting braces and using 3D image scanners.

## Class Bakes Cakes Full of Taste and Creativity



(Photos By: Lisa Chavez)

Chenango Valley High School students in Mrs. Chavez's Gourmet Foods class worked hard to bake and decorate cakes filled with both taste and creativity. They even made their own fondant for the cakes!

Mrs. Chavez asked Chenango Valley High School students and teachers to vote on their favorite cake decoration. It was a tough decision. The white/pink cake with flowers ended up winning the staff vote, but the students picked the yellow/white cake with stars as their favorite. *Fantastic job to everyone involved!*

Five Chenango Valley High School seniors were part of a student-run start up group that saw success through the Broome-Tioga BOCES New Visions Business Academy. Roy Santa Croce, Joseph Testani, Jackson Retzlaff, Patrick Giblin and Patrick Buchinsky were in the student group "14 Visions" which created the "3-in-1" (a cell phone case that could turn into a phone stand, headphone holder and created a cellphone holder for inside cars) and a car organizer.

"It was one of the most interactive and interesting experiences I've had in my schooling career," said Santa Croce. "You're dealing with real people, real product and real money, in the real world."

The group raised around \$2,300 through these products, doubling their profit, and they were able to give investors back 100%. With the money gained through this endeavor, the group donated to the Santa Croce family, A Room to Heal, CHOW, and a Haiti mission trip.



(Photo Provided By: Mr. Heller)

## Students Compete in Regional SkillsUSA Conference

Chenango Valley High School students Elaine Hamilton, William Blewett, Josh VanBarriger, Tameira Card, Morgan Jones, Tara Crissman, and Cameron Lockwood competed amongst hundreds of students in a SkillsUSA Area II Regional Conference at Morrisville State College on February 2. They competed in contests including collision repair, plumbing, cosmetology, and electrical wiring.

Joshua VanBarriger (seen in photo to the right) won third place in a cabinet making contest at the event! *Great job to all on their hard work!*



(Photo Courtesy of Matt Sheehan)

Seniors James Wyatt and Kelly Thompson are part of the News Visions Law and Government Academy. Through the program, they have learned from local and state government entities; including interning with Broome County Executive Jason Garnar, shadowing in New York State Senator Charles Schumer's regional office, and working with local law firms including Levene Gouldin & Thompson. Their News Visions group also recently hosted an international fair at the American Civic Association.



# High School

## High School Students Take on 'Social Media Detox Challenge'

Could you go a whole week without using social media? A total of 14 Chenango Valley High School students took on a week-long Olweus "Social Media Detox Challenge"! The challenge was inspired by a video high school students watched during an Olweus activity. The video was about social media and went into depth about how one can choose to either be a consumer of other people's lives or a creator of their own.



On December 20, those who participated in the challenge were rewarded with a pizza party and had the chance to discuss their experiences with Chenango Valley High School Olweus advisors Ms. Arnold and Mrs. Hayes. Some students admitted they couldn't quite make it through the week, but most agreed that it was a worthwhile challenge that showed "you don't need social media to entertain yourself." When asked if they would do it again, there were a mixture of "yes" and "no" answers.

Ms. Arnold and Mrs. Hayes said they may try this challenge again in the spring to see if they can get more upper classman to participate.

## CV Students Learn Importance of Teamwork, Communication in YES LAUNCH Training



What does it take to be a good role model? YES LEADers at Chenango Valley Central School District explored this topic as they took part in a YES LAUNCH training on November 27. The training in the Chenango Valley Middle/High School Auditorium was led by representatives from YES Safe Choices. It included informative presentations and hands-on activities.

Discussion during presentations included the topic of digital citizenship and not comparing your life to someone else's online "highlight reel." Students talked about ways to disconnect from electronic devices and why it can be important to do this at times. Students also took part in group activities that helped show them the importance of teamwork and good communication.

In addition, YES LEADers discussed the objectives of the future presentations they will give elementary students. YES LEADers agreed that making the presentations educational, fun, organized and inspiring could help to leave an effective and meaningful message with the younger students. *Thank you to all involved in this training!*



(Photos Provided By: Mr. Heller)

Chenango Valley High School's Junior Dinner Dance was held at the Holiday Inn Binghamton on January 27!

## Senator Akshar Speaks With CVHS Class

New York State Senator Fred Akshar visited Mr. Tidick's Current Events & Local History class at Chenango Valley High School on December 11. He spoke with students and answered questions about topics including local politics, his background in law enforcement, and the importance of programs such as YES Safe Choices/YES LEADS and "Ag in the Classroom." *Thank you for visiting, Senator Akshar!*



Through a process consisting of chemical reactions, Chenango Valley High School students made amazing pieces of art! In December, Mrs. Ginalski and Mrs. Korn's chemistry classes worked to create copper plating holiday ornaments in chemistry lab. As a result of two different single replacement reactions, students converted a piece of galvanized steel into a beautiful decoration.



To begin this scientific process, students first covered their piece of metal with masking tape to create designs. The covered parts were intended to remain the steel color.



The final steps included removing the tape to reveal their designs, attaching a hook, spraying their ornament with an acrylic spray, and hanging it to dry.

Students later dipped the coated metal in a hydrochloric acid bath using tongs. When the reaction stopped, students rinsed the metal with distilled water and let it dry. They next dipped the object into Copper (II) Nitrate solution using tongs. When the color change they desired occurred, students removed the metal from the solution. They then rinsed it again with distilled water.



Mrs. Ginalski's Fast Forward Chemistry & Mr. Reed's Fast Forward Environmental Science classes worked in small groups to investigate the optimal conditions for deteriorating "industrial air cushion" packaging used in shipments from some companies.

On January 12, they presented their findings in a symposium style for CV staff and fellow students. *Great job to all on their hard work!*



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**Binghamton, NY 13901**

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**Believe It! Achieve It! At Chenango Valley, Where Warriors Excel!**

Chenango Valley  
**Community Night**  
 Chenango Valley Middle School/High School Gyms  
 Friday, March 9, 2018 | 6:00 - 8:00 p.m.

- Games
- Face Painting
- Food
- Bounce Houses
- Huge Slide
- Fun Hair & Nails Activities
- Prizes

**\$10 Admission**  
**(\$30 Family Maximum)**

*Fun for the entire family!*

Children 12 and under must be accompanied by an adult.

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 Attendance ..... 762-6931  
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**OUR MISSION**  
 We inspire, engage and empower all students to achieve their full potential.